

Michael Lee Zwiers, Ph.D., R.Psych.
Assistant Professor, Counselling Psychology Program
Faculty of Education
University of Calgary

Education and Professional Training

University of British Columbia

Ph.D. Educational & Counselling Psychology & Special Education 2000
- C.P.A. and A.P.A. Accredited Program

Hospital for Sick Children – Toronto

Pre-Doctoral Internship in Clinical/Health Psychology 1996 to 1997
- C.P.A. and A.P.A. Accredited Internship

University of Alberta

M.Ed., Educational Psychology 1993
B.Ed., Elementary Education 1989

Professional Certification

College of Alberta Psychologists

Registered Psychologist 2008 to Present

Psychological Association of Manitoba

Registered Psychologist 2011 to Present

College of Psychologists of Ontario

Chartered Psychologist, Inactive Status 2010 to 2012
Chartered Psychologist, Autonomous Practice 2002
Chartered Psychologist, Supervised Practice 2000

Areas of Practice: Clinical, Counselling, & School Psychology
Populations: Children, Adolescents, Adults, and Families

Canadian Register of Health Service Providers in Psychology

Regular Registrant 2003 to Present

Ontario College of Teachers

Certified Teacher 2006 to 2007

Ainsworth Infant Attachment Coding

Certified by Dr. Susan Goldberg 1997

Alberta Education

Certified Teacher, Permanent Professional Certificate 1992

Memberships in Professional Associations

Canadian Counselling and Psychotherapy Association 2012 to Present

American Psychological Association

Full Member 2000 to 2002; 2012 to Present
Student Member 1993 to 2000

Canadian Psychological Association (CPA) 2000 to Present
*Member, Counselling Psychology, Psychologists in Education, and
 Clinical Psychology Sections*

Psychologist's Association of Alberta (PAA) 2008 to Present
Full Member

Canadian Association of School Psychologists (CASP) 2010 to Present
Regular Member

Canadian ADHD Resource Alliance (CADDRA) 2009 to Present
Associate (Non-physician) Member

Canadian Society of Clinical Hypnosis (Ontario Division) 2006 to 2009
Full Member
 Associate Member 2005

Ontario Psychological Association (OPA) 2000 to 2008
Member (Psychologist)

Employment and Professional Experience

University of Calgary

Assistant Professor, Counselling Psychology Program July 1, 2012 to Present
Adjunct Assistant Professor, Faculty of Education 2011 to 2012

CanLearn Centre / Calgary Learning Centre

Senior Psychologist 2008 to 2012

- Worked as a member of a Multi-Disciplinary Clinical Team to assess complex clients ages 4 to adult presenting with primary attention and learning problems, as well as comorbid mental health conditions
- Worked with Clinical Team to treat clients ages 4 to adult with primary attention and learning problems and comorbid mental health conditions
- Worked with Clinical Team and Program Team to develop and implement professional development programs and client intervention programs
- Supervised and trained clinical services staff working in the areas of clinical, counselling, and school psychology

Manager of Clinical Services 2008 to 2011

- Worked with Management Team to oversee organizational plan
- Coordinated client services
- Developed children's anxiety and depression treatment group, adult Attention Clinic, CPA-Approved Professional Practice Series for Psychologists, as well as client pamphlets and resources

Lighthouse Psychological and Counselling Services

Psychologist 2005 to 2010

- Operated independent psychological practice offering assessment, mental health treatment, and educational intervention to children, adolescents, adults, and families. Clients included: Government, Insurance agencies, Public School Board, University of Waterloo and Wilfrid Laurier University, and the general public
- Areas of practice included: Clinical, Counselling, and School Psychology

Grandview Medical Centre Family Health Team – Mental Health Service*Psychologist*

2006 to 2009

- Provided psychological services to physician-referred clients ages 3 to adult in the areas of clinical, counselling, and school psychology, as a member of a multi-disciplinary team
- Conducted psychological assessments and intervention for a broad range of mental health conditions with/without accompanying medical concerns

Waterloo Region District School Board*Psychologist*

2005 to 2008

- Developed and delivered psychological services (assessment and consultation) to students ages 3 to 18, staff, Program Leaders, and Parents in a range of congregated program areas in the Waterloo Region. These included: Developmental Education (Autism, Developmental Delays, Medically Fragile); Enrichment; Vision and Hearing Impaired; Orthopaedic Needs; E.C.O. (students with severe environmental sensitivities and allergies); and Bridges (adolescents with behavioural and/or emotional difficulties).
- Functioned as a member of the Psychological Services staff within Special Education Services

Waterloo Region Health Services Organization – Mental Health Service*Psychologist*

2004 to 2006

- Provided psychological services to physician-referred clients ages 3 to adult in the areas of clinical, counselling, and school psychology, as a member of a broad-based multi-disciplinary team
- Conducted psychological and psychoeducational assessments
- Provided individual and family therapy

Psychologist (Supervised Practice, then Independent Practice)

2000 to 2002

- Provided psychological services (assessment and treatment) to primarily physician-referred clients ages 3 to adult in the areas of clinical, counselling, school, and health psychology, as a member of a multi-disciplinary clinical team
- Conducted individual, group, and family therapy
- Provided on-call crisis service
- Developed diagnostic intake procedures, adult anxiety treatment group, adult health promotion and stress management group, multi-stage child and adolescent assessment clinic, children's anxiety and depression treatment group, as well as mental health pamphlets and handouts

Beckett, Kitcher and Associates*Psychologist*

2002 to 2004

- Conducted assessments of clients ages 3 to adult in the areas of clinical, counselling, and school psychology. Clients included: Workplace Safety and Insurance Board, Health Canada, Corrections Canada, Insurance agencies, Public and Separate School Boards, various Children's Aid Societies, private foster- and group-home agencies, and the general public
- Conducted individual and family therapy with clients ages 3 to adult

Canadian Mental Health Association – Metro Toronto*Contract Researcher*

2000

- Reviewed and analysed published literature for development of a mental health awareness and prevention program for youth

Markham Stouffville Hospital – Mental Health Service*Intake Clinician, Child & Adolescent Family Services*

1997 to 1999

- Screened and coordinated physician referrals to the clinic
- Provided individual and group therapy, conducted psychological assessments, and wrote integrated under supervision of psychologists
- Developed intake procedures and forms with clinical team

Hospital for Sick Children – Toronto*Research Clinician, Department of Psychiatry*

1998

- Provided therapy for children with anxiety disorders and their parents

Intern, Department of Psychology

1996 to 1997

- C.P.A. and A.P.A. Accredited program

- Provided psychological assessment and intervention for youth from birth to age 19 and their families. Areas included: Child Development Clinic (Neurology), Anxiety Disorders Team (Psychiatry), Integrated Neonatal Follow-Up Program (Neonatology), Psychiatry Research (Psychiatry), and Neuropsychology (Oncology).
- Participated in adult psychological assessment: Toronto General Hospital.

University of British Columbia*Graduate Academic Assistant, Faculty of Education*

1993 to 1995

- Supervised students and faculty members using the Psychoeducational Research and Training Centre, including psychological test library
- Helped students and faculty to identify and locate appropriate instruments, forms and resources for various research studies
- Helped to reorganize materials and resources for improved access and develop electronic database for inventory management

Edmonton Public Schools*Contract Psychometrist, Consulting Services*

1993 to 1994

- Assessed children and adolescents with a range of psycho-educational and social-emotional difficulties and wrote psychological reports under supervision of registered psychologists
- Provided consultation to school staff and parents

Teacher / Elementary School Counsellor

1989 to 1992

- Taught Kindergarten through Grade 6 students
- Developed and delivered school-wide health curriculum
- Developed and implemented a broad range of counselling and educational programs including: individual, group, school-wide, staff, and community-based interventions

Principal-Designate

1990 to 1992

- Oversaw leadership and student disciplinary responsibilities during Principal's absence
- Participated in Area Leadership Training Program with Assoc Superintendent

University Teaching Experience

University of Calgary

Sessional Instructor, Educational Studies in School Psychology 2012

- APSY 660 – Instructed course in social, emotional, and behavioural assessment of children and youth for graduate students in School Psychology
- Developed relevant materials, assignments, and evaluation procedures
- Supervised students conducting practice assessments with volunteer subjects

Sessional Instructor, Educational Studies in Counselling Psychology 2011

- APSY 617 – Co-instructed adult psychological assessment course for graduate students in Counselling Psychology
- Supervised students conducting assessments with volunteer subjects

Wilfrid Laurier University

Lecturer, Faculty of Science 2007

- Served as guest lecturer for 2 classes of an undergraduate psychology course for students from various faculties

University of British Columbia

Sessional Instructor, Faculty of Education 1994 to 1996

- Taught practicum course in communication and counselling skills for postgraduate students from various faculties
- Evaluated and graded students

Teaching Assistant, Faculty of Education 1994 to 1996

- Supervised seminar section of course in communication skills for postgraduate students in the Faculty of Education
- Evaluated and graded students in seminar portion of course

University of Alberta

Sessional Instructor, Faculty of Education 1991 to 1992

- Co-instructed courses for postgraduate and graduate students in Early Childhood Education
- Developed relevant materials, assignments, and evaluation procedures
- Supervised experienced teachers in University-based experimental classroom with multi-age grouping

Supervision Experience (Professional and Academic)

University of Calgary, Division of Applied Psychology

Examiner, Master of Science Thesis Defense

- Ekaterina Jitlina (Repetitive Behaviours and Cognitive Flexibility in Children with High-Functioning Autism-Spectrum Disorders) 2012

Examiner, Doctor of Philosophy Candidacy Examination

- Tara Dawn Crumpler (Strengths in AD/HD) 2012

Examiner, Master of Education Comprehensive Examination

- Kali Eddy (Treatment of Autism) 2011

Internship Supervision, Primary Supervisor

Master's Student

- Alicia Woloschuk 2010 to 2011

Doctoral Student

- Danielle Brady (nee Brady) 2009 to 2011
- Stan Bird 2009

College of Alberta Psychologists

Registered Provisional Psychologist, Primary Supervisor

- Amelie Doucet – Educational Psychology, Clinical, Counselling 2009 to 2011
- Dr. Meadow Schroeder – Educational/School Psychology 2010 to 2011
- Elvira Castaneda – Educational/School Psychology 2008 to 2010
- Danielle Brady – Educational Psychology, Clinical, Counselling 2009 to 2010
- Stan Bird – Educational/School Psychology 2009

Supervision for Expanding Area of Competence

- Paige Fuhrer, Registered Psychologist (Area: Counselling Psychology) 2011

College of Psychologists of Ontario

Supervision for Registration

- Dr. Kerris Oates, Chartered Psychologist, Supervised Practice 2006 to 2007

Psychological Association of Manitoba

Supervision for Registration

- Dr. Stan Bird, Psychological Candidate 2011 to 2012

Grants and Contracts

Children's Hospital Aid Society Grant (\$125,000) 2012 to 2014

Co-authored grant application to create the new CHAS Fund for Youth-at-risk at the CanLearn Centre (CLC). This 2-year grant provides financial assistance for at-risk youth between the ages of 12 and 25 who live in Calgary and surrounding area. The fund helps by providing assessments and interventions that create successful outcomes for at-risk youth. Youth are able to access psychologists and physicians for assessment and treatment of underlying disorders (e.g., AD/HD, depression, anxiety and other mental health concerns).

HRJ Consulting Ltd. (\$200,000) 2011 to 2013

Initiated and co-authored grant proposal to renew (and increase by \$25,000 annually to \$100,000 per year for a 2-year period) a financial assistance bursary fund for child, adolescent, and adult clients of the CanLearn Centre / Calgary Learning Centre. This fund supports clients with learning difficulties, AD/HD, and comorbid mental health concerns to access psychological assessment and intervention services, including mental health treatment and parenting support.

Rocky View Schools (\$100,000) 2011 to 2012

Negotiated contract for CLC Clinical Services staff to provide psychological assessment and consultation services to Rocky View Schools students and staff. The initial contract for services (2010-2011) was renegotiated as a \$100,000 psychological services contract for the 2011-12 school year.

Medicine Hat School District (MHSD) (>\$100,000 – ongoing) 2011 to 2012

Negotiated contract for Calgary Learning Centre Clinical Services staff to provide psychological assessment and consultation services to students and staff of the MHSD (Grades 3 through 12), including assessment for coding, provincial exam accommodations, and support/intervention.

Professional Publications

- Zwiers, M. (In Press). Communicating Effectively with Physicians: Practical Guidance for Psychologists, *Psymposium*.
- Crawford, S. & Zwiers, M. (2011). Revitalizing the Psycho-Educational Assessment Process, *Psymposium*, 21 (3), 16-18.
- Farrelly, G. (2011). The CADDRA guidelines: Psychosocial Interventions - A Practical Resource. *ADHD In Practice*, 3 (4), 8-12. (Significant contributions to the article made by Dr. M. Zwiers)
- CADDRA Editorial Board, Zwiers, M., & Forand, K. (2011). Psychosocial Interventions and Treatments. In M. Weiss & A. Vincent (Eds. 3rd edition), *Canadian ADHD Practice Guidelines: Third Edition*, (pp. 39-44). Toronto, ON: CADDRA.
- Atkinson, L., Goldberg, S., Raval, V., Pederson, D., Benoit, Moran, G., D., Poulton, L., Myhal, N., Zwiers, M., Gleason, K., & Leung, E., (2005). On the Relation Between Maternal State of Mind and Sensitivity in the Prediction of Infant Attachment. *Developmental Psychology*, 41 (1), 42-53.
- Raval, V., Goldberg, S., Atkinson, L., Benoit, D., Myhal, N., Poulton, L., Zwiers, M., (2001). Maternal Attachment, Maternal Responsiveness and Infant Attachment. *Infant Behaviour and Development*, 24, 281-304.
- Zwiers, M. L., & Morrisette, P. J. (1999). *Effective Interviewing of Children: A Comprehensive Guide for Counsellors and Human Service Workers*. Philadelphia, PA: Accelerated Development.
- Zwiers, M. L. (1995). Dealing With Emotion in the Classroom. *Early Childhood Education*, 28 (1), 13-16.
- Zwiers, M. L. (1994). Curriculum and Young Children. *Early Childhood Education*, 27 (2), 21-24.
- Presentations: Papers, Posters, and Workshops**
- Zwiers, M. (2012). *Case Studies in Anxiety Across the Lifespan*. Whitehorn PCN Family Physicians, Calgary, AB.
- Zwiers, M. & Price, A. (2012). *Best Practices in the Assessment of Learning Disabilities and Co-Morbid Conditions Across the Life Span*. (1-day Psychologists' Workshop), Calgary Learning Centre, Calgary, AB. (Approved for CE Credit by the Canadian Psychological Association)
- Zwiers, M. (2012). *Putting Wheels on the DSM* (2-day Psychologists' Workshop), CanLearn Centre, Calgary, AB. (Approved for CE Credit by the Canadian Psychological Association)
- Zwiers, M. (2012). *Effective Counselling with Aboriginal Clients who have Experienced Abuse*. Training session for counselling team members at the Residential School Survivors' Commemorative Gathering, Peguis, MB.
- Zwiers, M. & Johnson, R.C. School Psychology Advocacy in Alberta. Symposium presentation at the 74th Annual Convention of the Canadian Psychological Association, 14-16 June, 2012, Halifax, NS.
- Johnson, R.C. & Zwiers, M. The Role of School Psychologists: Provincial and National Directions. Conversation hour presentation at the 74th Annual Convention of the Canadian Psychological Association, 14-16 June, 2012, Halifax, NS.

- Zwiers, M. (2012). *Case Studies in Anxiety: Pediatric Consultation*. Presentation to Pediatrician Clinics (Southport Pediatrics, Kaleidoscope Pediatric Consultants, Calgary South Pediatrics), Calgary, AB.
- Zwiers, M. (2012). *Family Approaches to Pediatric Anxiety*. Invited presentation to Calgary Region Pediatrician's Round Table.
- Zwiers, M. (2011). *Effective Responses to Anxiety: Implications for Pediatric Practice*. Presentation to Pediatrician Clinics (Kaleidoscope Pediatric Consultants, Calgary South Pediatrics, Marlborough Pediatrics), Calgary, AB.
- Zwiers, M. (2011). *School Psychologists and Inclusive Education for Alberta Children*. Presentation to Children and Adults with Attention Deficit Hyperactivity Disorder (CHADD), Calgary Chapter, Parent Support Meeting. (Presented on behalf of the Psychologists' Association of Alberta)
- Zwiers, M. & Price, A. (2011). *Best Practices in the Assessment of Learning Disabilities and Co-Morbid Conditions Across the Life Span*. (1-day Psychologists' Workshop), Calgary Learning Centre, Calgary, AB. (Approved for CE Credit by the Canadian Psychological Association)
- Zwiers, M. (2011). *Putting Wheels on the DSM* (2-day Psychologists' Workshop), Calgary Learning Centre, Calgary, AB. (Approved for CE Credit by the Canadian Psychological Association)
- Zwiers, M. (2010, 2011). *DSM-IV – Advanced Clinical Applications* (1-day Psychologists' Workshop), Calgary Learning Centre, Calgary AB. (Approved for CE Credit by the Canadian Psychological Association)
- Farrelly, G. & Zwiers, M., *Attention Deficit-Hyperactivity Disorder (ADHD) and Autism Spectrum Disorder (ASD): A Case Series Demonstrating Improved Outcome When Comorbid ADHD Is Treated With Long-Acting Stimulant Medication (LAS)*. Poster presented at the World Federation of ADHD 3rd International Congress on ADHD: *From Childhood to Adult Disease*, Berlin, Germany, 26-29 May 2011.
- Zwiers, M. (2011). *Putting Wheels on the DSM* (2-day Psychologists' Workshop), University of Alberta, Edmonton, AB. (Approved for CE Credit by the Canadian Psychological Association)
- Zwiers, M. *Effective Responses to Anxiety*. Invited presentation at the Annual Conference of the Learning Disabilities Association of Alberta: *Colour Outside the Lines – Creative Responses to the LD Challenge*, October 6 - 8, 2010, Calgary, AB.
- Zwiers, M. & Maunula, S. *Creative Responses to Working Memory Impairments*. Presentation at the Annual Conference of the Learning Disabilities Association of Alberta: *Colour Outside the Lines – Creative Responses to the LD Challenge*, October 6 - 8, 2010, Calgary, AB.
- Bird, S. and Zwiers, M. *Culture and Identity Development*. Workshop at the Centre for Social Work Research and Professional Development: *Second National Transcultural Health Conference*, May 2 - 4, 2010, Calgary, AB.
- Zwiers, M. & Price, A. *Best Practices in the Assessment of Learning Disabilities and Co-Morbid Conditions Across the Life Span*. Invited Psychologists' Symposium at the Annual Conference of the Learning Disabilities Association of Alberta: *Colour Outside the Lines – Creative Responses to the LD Challenge*, October 6 - 8, 2010, Calgary, AB. (Co-sponsored and approved for CE credit by the Psychologists' Association of Alberta)

- Zwiers, M. & Price, A. (2010). *Functional Academic Reassessments* (½ day Workshop), Calgary Board of Education Psychologists' Team Training, Calgary, AB.
- Zwiers, M. (2010). *AD/HD Parent Workshop*, Dr. Oakley School, Calgary, AB.
- Zwiers, M. (2010). *Working Memory: Intervention in the Classroom*. Invited presentation to staff of Rundle Academy, Calgary, AB.
- Zwiers, M., & Maunula, S. (2010). *AD/HD and Working Memory: Recognition and Intervention in the Classroom*. Invited presentation to staff of Dr. Oakley School, Calgary, AB.
- Zwiers, M. *Using DSM in Schools*. Invited presentation at the B.C. Association of School Psychologists 22nd Annual Conference, November 4-6, 2009, Vancouver, BC.
- Zwiers, M. (2009). *Words in Colour: A Unique Approach to Reading Intervention*. Invited presentation to staff of Dr. Oakley School, Calgary, AB.
- Zwiers, M. and Jones, D. *Psychologists and the Electronic Office: Making the Transition to a Paperless Future*. Presentation at the Ontario Psychological Association 60th Annual Convention, February 22 – 24, 2007, Toronto, ON.
- Zwiers, M. (2005). *Conducting Risk Assessments*. Presentation to Waterloo Region Health Services Organization, Mental Health Services Staff, Kitchener, ON.
- Zwiers, M. (2004). *Psychometrist Inservice Training Workshop*. Beckett, Kitcher & Associates, Belleville, ON.
- Zwiers, M. (2004). *Working Effectively With Young Adults Who Have Learning Disabilities*. Youth Habilitation, Belleville, ON.
- Zwiers, M. (2004). *Nurturing Lasting Change in the Lives of Youth in Care*. Connor Homes: Therapeutic Foster Homes, Senior Staff Training, Campbellford, ON.
- Zwiers, M. (2003). *Internalizing Disorders in Youth*. Presentation to Clinical Dialogues Group, Belleville, ON.
- Zwiers, M. (2003). *Psychometrist Inservice Training Workshop*. Beckett, Kitcher & Associates, Belleville, ON.
- Zwiers, M. (2002). *Stress and Disease*. Presentation to Waterloo Region Health Services Organization, Mental Health Services Staff, Kitchener, ON.
- Zwiers, M. L., Goldberg, & Benoit, D. (1997). *Leaping the Transmission Gap: Maternal-Infant Attachment*. Poster presented at the University of Toronto, Department of Psychiatry 23rd Annual Harvey Stancer Research Day, Toronto, ON.
- Zwiers, M. L. *Interviewing Children for Research and Practice*. Paper presented at the 54th Annual Convention of the International Council of Psychologists, July 24-28, 1996, Banff, AB.

Volunteer Service (Professional)**Residential School Survivors' Commemorative Gathering***Counsellor / Consultant, Peguis, Manitoba*

July 11-15, 2012

Psychologist's Association of Alberta*School Psychology Standing Committee, Founding Member*

2011

School Psychology Task Force, Calgary Focus Group

2010

University of Calgary, Educational Studies in Psychology*Doctoral Internship Consortium*

- Representative of the CanLearn Centre / Calgary Learning Centre

2010 to 2012

Markham Stouffville Hospital*Group Therapist, Outpatient Mental Health*

1998

- Co-led group for adults with Panic and related Anxiety Disorders

University of British Columbia*Multidisciplinary Conference on Integrated Service Delivery for Youth*

1995 to 1996

- Co-chaired interdepartmental graduate conference hosted at UBC
- Oversaw conference (development, funding applications, and delivery)

Graduate Student's Association

1993 to 1996

- Initiated graduate-student representation on departmental committee
- Co-chaired CNPS Graduate Student Association
- Co-wrote course outlines for 3 new graduate courses (Ethics and Professional Practice; Psychopathology and DSM Diagnosis; Advanced Group Therapy), and successfully petitioned department to offer courses

University of Alberta*Graduate Student's Association*

- Student Representative to EPSE Department Faculty Committee

1992 to 1993

Undergraduate Education Student's Association

- Member, Early Childhood Education Council

1988 to 1989

Alberta Teacher's Association*School ATA Representative, Local 37*

1990 to 1992

Social Committee Member, Local 37

1989 to 1992

519 Community Centre, Toronto*Counsellor, Community Counselling Program*

1997 to 1998

- Provided short-term individual and couple's therapy with predominately gay, lesbian, bisexual and transgendered clients.

Volunteer Service (Community)**Big Rock Aikikai***Occasional Aikido Martial Arts Instructor*

2011

Gay Christian Network*Board Member*

2009 to Present

Golden Triangle Aikido*Aikido Martial Arts Instructor*

- Taught Aikido classes to youth and adult members

2002 to 2008

People's Car Co-operative*Board Member*

2005 to 2007

- Filled various roles including Secretary, Personnel Liaison and Acting General Manager in order to help meet the Co-op's changing needs

Belleville Y.M.C.A.*Aikido Martial Arts Instructor*

2003 to 2004

- Developed and taught Aikido program for youth and adult members

Religious Society of Friends (Quakers)*Various community roles and responsibilities*

1999 to 2004

Scouts Canada*Youth Leader and Adult Trainer*

1980 to 1995

- Provided leadership & training to youth participants & adult volunteers

Endnote

I enjoy the contributions that I can make through my work. Nevertheless, I recognize that living a healthy, balanced life gives me energy to work more effectively. I value family and friends, physical activity and recreation, creativity and spirituality. Although I am quiet about it, my Christian faith is an integral part of who I am.