

CURRICULUM VITAE

Tanya E. Mudry, PhD, R. Psych. (#4769)

Assistant Professor, Counselling Psychology, Werklund School of Education, University of Calgary
Taos Associate

Therapist and Clinical Supervisor, Calgary Family Therapy Centre

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ACADEMIC CREDENTIALS

Doctor of Philosophy, Counselling Psychology, University of Calgary (Feb. 2017)

Thesis Supervisor: Tom Strong

Dissertation: Behaviour is in the practice: Conceptualizing components of excessive behaviours using a practice framework

Pre-Doctoral Internship: Ministry of Children and Family Development, Child and Youth Mental Health (CYMH), Victoria, BC.

Practicum placement: Calgary Family Therapy Centre, Calgary, AB.

Master of Science, Counselling Psychology, University of Calgary (Nov. 2011)

Thesis Supervisor: Tom Strong

Thesis Title: "Addiction sits in the background doing push-ups waiting for us to have a weak moment": Doing recovery from gambling problems online.

Practicum placements: Providence Children's Centre, Calgary, AB; South Calgary Mental Health (Adult Mental Health, Single Session Walk-in), Calgary, AB.

Master of Science, Centre for Health Promotion Studies, University of Alberta (June 2008)

Thesis Supervisor: Kaysi Eastlick Kushner (Faculty of Nursing)

Thesis Title: Employed Mothers' Worker Ideology and Social Support Network Composition while Managing Multiple Demands in Paid and Family Work.

Bachelor of Arts: Psychology (Sociology minor), University of Alberta (June 10, 2003)

FACULTY APPOINTMENTS

Assistant Professor, University of Calgary, July 2018-present

Assistant Professor, Our Lady of the Lake University, Aug 2017-July 2018

Assistant Professor, Acadia University, Sept 2016-July 2017

RESEARCH GRANTS

Mar 2021- Mar 2022	Werklund School of Education office of Teaching and Learning: Award Application Grant. (PI)	\$700
Nov 2020- Dec 2021	<i>Overcoming cultural blindness in family therapy: Exploring opportunities for relational wellness.</i> Mount Royal, Internal Research Grants. (Co-I) w. Sametband	\$5,000
Oct 2020- Mar 2022	<i>Critical care work during and after COVID19.</i> SSHRC Development Enhancement Grant. (PI)	\$4,000
Aug 2020- Mar 2022	<i>Family Factors: How do family members help and/or hinder recovery from substance misuse?</i> (PI) (Sub grant), CIHR Research Initiative in Substance Misuse – Prairie CRISM Node. C. Wild.	\$15,000
July 2019- July 2021	<i>Establishing an International Collaborative Partnership in Recovery-Oriented Research.</i> (PI) Office of Research: Outbound Fellowship to Norwegian University of Science and Technology, Norway	\$4,060
July 2019- July 2021	<i>A Recovery-Oriented Counselling Group: Supporting Physical, Emotional, and Social Recovery Processes of Critical Care Patients.</i> (PI) Office of Research Development and Enhancement Grant to support Tri-Council application	\$1,460
Mar 2019- Mar 2020	<i>Developing Cannabis Education and Harm Reduction Messages with Youth: A qualitative youth engagement research project (TRACE V).</i> Canadian Institutes of Health Research (Catalyst Grant: Cannabis Research in Urgent Priority Areas). (Co-I) w. RJ Haines-Saah, EK Jenkins, BM Gladstone, K London-Nadeau, R McNeil, P Ponice, C Richardson, J Valleriani & TC Wild	\$124,747
Apr 2019- Mar 2021	<i>Centering Student Learning through Social Justice Pedagogy in Canadian Counselling Psychology: A Collective Case Study.</i> University of Calgary, Scholarship of Teaching and Learning Grant. (Co-I) w. K Wada, A Kassan, N Arthur, J Cohen, J Domene, S Russell-Mayhew, & D Marulanda.	\$39,950
Dec 2018- Dec 2021	<i>A Recovery-Oriented Counselling Group: Supporting Physical, Emotional, and Social Recovery Processes of Critical Care Patients in the ICU Recovery Clinic.</i> 2018 Critical Care SNC New Investigator Seed Grant Funding Competition. (PI) w. C Job McIntosh & C Grant.	\$10,000 (w/matched funds)
Sept 2018- Mar 2020	<i>Implementation of Social Justice Pedagogy in Counselling Psychology at the University of Calgary: Attending to Student Voices.</i> Werklund School of Education Scholarship of Teaching and Learning. (Co-I) w. A Kassan, K Wada, J Domene, S Russell-Mayhew, & N Arthur.	\$6,490
Jan 2018- Mar 2019	<i>Developing a Peer-Support and Recovery-Oriented Collaborative-Learning Group.</i> (PI) Our Lady of the Lake University.	\$1,360
Sept, 2009	<i>Motivational interviewing and solution focused counselling for problem gamblers: Prevalence and considerations for a mesh of clinical and administrative discourses in Alberta.</i> Alberta Gaming Research Institute. (Co-I) w. T Strong	\$10,000
Total Awarded		\$222,767

ACADEMIC AWARDS

Award	Awarded by	Year	Amount
Nomination: WSE Teaching Excellence	Werklund School of Education	2021	
Recovery to Practice (RPT) Train the Trainer Award	American Psychological Association	04/18-2019	\$4,000
Early Career Psychologist Credentialing Scholarship	National Register of Health Service Psychologists	11/17-11/18	\$395
Certificate of Academic Excellence	Canadian Psychological Association	09/17	
25.55 Research Fund	Acadia University	01/17-05/17	\$3,115
Doctoral Scholarship	Canadian Institute of Health Research	05/13-05/16	\$105,000
Doctoral Scholarship	Alberta Gaming Research Institute	09/11-08/14	\$65,000 + \$5,000 Research allowance
Graduate Travel Award	Faculty of Graduate Studies	08/12	\$1,500
Best Master's Thesis Award	Canadian Counselling & Psychotherapy Association	05/12	\$100 (and certificate)
Student Conference Travel Award	Faculty of Education	05/12	\$500
Research Dissemination Scholarship	Faculty of Education	03/12	\$3,165.44
Faculty of Graduate Studies Scholarship	Faculty of Graduate Studies	03/12	\$5,304.85
Queen Elizabeth II Scholarship	Provincial	09/11-08/12	\$10,000 (declined)
Queen Elizabeth II Scholarship	Provincial	05/11	\$10,800 (accepted \$3,600)
Travel Award	Faculty of Graduate Studies	02/11	\$500
Travel Award	Educational Studies in Psychology	03/11	\$1,000
Masters Scholarship	Alberta Gaming Research Institute	09/10-08/11	\$13,000 + \$3,000 Research
Alberta Graduate Scholarship	Provincial	09/04-05/05	\$6,200
Millennium Bursary	National	09/02-09/03	\$2,250
Jason Lang Scholarship	Provincial	09/02-09/03	\$1,000
Jason Lang Scholarship	Provincial	09/01-09/00	\$1,000
Millennium Bursary	National	09/01-09/02	\$2,000
Jason Lang Scholarship	Provincial	09/00-09/01	\$1,000
Rutherford Scholarship	Provincial	09/99-04/00	\$2,500
Undergraduate Scholarship	TransAlta Utilities	09/99-05/03	\$11,000
Dean's Honour Role	Faculty of Arts	09/99-04/03	
Total (awarded)			\$269,714.29

SUMMARY OF SCHOLARLY WORK

Peer-reviewed articles and chapters	Submitted Publications	Refereed Presentations	Non-refereed publications, webinars & Media
22	6	70	27

Chapters and Books

1. Doyle, E., Petrovic, K., **Mudry, T.**, & Anderson, M. (revisions requested). Reflecting on the Institutional Organization of Academic “Knowledge” as a Barrier to OER. *Using Open Educational Resources to Promote Social Justice*. ACRL Press.
2. Gosnell, F., **Mudry, T.**, & McLuckie, A. (accepted). Relational determinants of mental health. In forthcoming J. N. Lester & M. O’Reilly (Eds), *The Palgrave Encyclopedia of Critical Perspectives on Mental Health*. Palgrave Macmillan. <https://doi.org/10.1007/978-3-030-12852-4>.
3. **Mudry, T.** (accepted). Addiction and recovery as social practice. In forthcoming J. N. Lester & M. O’Reilly (Eds), *The Palgrave Encyclopedia of Critical Perspectives on Mental Health*. Palgrave Macmillan. <https://doi.org/10.1007/978-3-030-12852-4>
4. **Mudry, T.**, & Gosnell, F. (2021). Relational diagnoses. In forthcoming J. N. Lester & M. O’Reilly (Eds), *The Palgrave Encyclopedia of Critical Perspectives on Mental Health*. Palgrave Macmillan. <https://doi.org/10.1007/978-3-030-12852-4>
5. **Mudry, T.**, & Strong, T. (2020). Researching socio-material practices: Inquiries into the human/non-human interweave. In S. McNamee, M. M. Gergen, C. Camargo-Borges, & E. F. Rasera (Eds), *Sage Handbook of Social Constructionist Practice* (pp. 100-112). Sage.
6. **Mudry, T. E.**, Stea, J. N., & Hodgins, D. C. (2015). The psychological underpinnings of addictive behaviours. In N. el-Guebaly & H. Tavares (Eds.), *Textbook of addiction treatment: International perspectives* (pp. 1443-1473). Milano, Italy: Springer Milan.
7. **Mudry, T.**, Strong, T., & Chang, J. (2014). A life history of a PIP: Snapshots in time. In K. Tomm, S. St. George, D. Wulff, & T. Strong (Eds.), *Patterns in interpersonal interactions: Inviting relational understandings for therapeutic change* (pp. 82-102). New York, NY: Routledge.

Journal Articles

1. *Mukred, R., Kassan, A., **Mudry, T. E.**, Domene, J. F., *Qureshi, M., Goopy, S., & Arthur, N. (submitted). A new face in a sea of unfamiliar: An arts-based engagement ethnography of identity negotiation and school integration. *Journal of Educational Psychology*.
2. *Mukred, R., Kassan, A., **Mudry, T. E.**, Domene, J. F., *Qureshi, M., & Goopy, S. (submitted). Reflections on data analysis and trustworthiness in arts-based engagement ethnography. *Qualitative Psychology*.
3. *Smith, D.J., Kassan, A., **Mudry, T.E.**, Domene, J.F., *Mukred, R., Goopy, S., & Arthur, N. (revisions requested). Experiencing school integration in Canada: An art-based engagement ethnography with newcomer youth. *The High School Journal*.

4. *Smith, D.J., Kassan, A., **Mudry, T.E.**, *Mukred, R., Goopy, S., & Arthur, N. (revisions requested). Supporting newcomer youth through the process of school integration in Canada: A brief report highlighting student voices. *Canadian Journal of Counselling and Psychotherapy*.
5. Kassan, A., Wada, K., *Cohen, J., Domene, J., *Marulanda, D., **Mudry, T.**, & Russell-Mayhew, M. (Submitted). Social justice training in a Canadian counselling psychology program: A case study using a critical mental health lens. *International Journal of Healing and Critical Mental Health*.
6. Chang, J., **Mudry, T.**, & Hiseler, L. E. (2020). Clinical practice and clinical supervision: Building a firm foundation. *Canadian Journal of Counselling and Psychotherapy*, *54*, 595–616. <https://doi.org/10.47634/cjcp.v54i4.70677>
7. **Mudry, T. E.**, Strong, T., Doyle, E. M., & *Sapacz, M. (2020). Doing recovery work together: Clients' and counsellors' social, discursive, and institutional practices. *Canadian Journal of Counselling and Psychotherapy*, *54*(4), 715-737. <https://doi.org/10.47634/cjcp.v54i4.61222>
8. **Mudry, T. E.**, *Vegter, V., & Strong, T., (2020). Situational analysis mapping for transformative thinking, conceptualisation, and dialogues in counselling practice. *Counselling and Psychotherapy Research*. <https://doi.org/10.1002/capr.12351>
9. *Brun, I., Russell-Mayhew, S., & **Mudry, T.** (2020). Last word: Ending the intergenerational transmission of body dissatisfaction and disordered eating: A call to investigate the mother-daughter relationship. *Eating Disorders*. <https://doi.org/10.1080/10640266.2020.1712635>
10. **Mudry, T.**, Nepustil, P., & Ness, O. (2019). The relational essence of natural recovery: Natural recovery as a relational practice. *International Journal of Mental Health and Addiction*, *17*(2), 191-205. (Impact 1.179, International collaboration)
11. Strong, T., Sesma-Vazquez, M., Ross, K., **Mudry, T.**, Doyle, E., & Pickering, B. (2018). Governing by expert therapeutic discourse: Expert therapeutic discourse, practices and counter-practices across six service contexts. *International Journal of Collaborative-Dialogic Practices*, *8*(1), 1-19.
12. Gosnell, F., McKergow, M., Moore, B., **Mudry, T.**, & Tomm, K. (2017). A Galveston declaration. *Journal of Systemic Therapies*, *36*(3), 20-26.
13. **Mudry, T. E.**, Strong, T., Sametband, I., Rogers-de Jong, M., Gaete, J., Merritt, S., Doyle, E., & Ross, K. (2016). Internalized Other Interviewing in relational therapy: Three discursive approaches to understanding its use and outcomes. *Journal of Marital and Family Therapy*, *42*(1), 169-184. doi: 10.1111/jmft.12110. (Impact 2.528)
14. Strong, T., St. George, S., Wulff, D., **Mudry, T.**, & Sametband, I. (2015). Differences over dollars and sense: Discourses involving money in family therapy. *Human Systems: Journal of Therapy, Consultation & Training*, *26*(1), 66-85. (Interdisciplinary collaboration)
15. **Mudry, T.**, Sametband, I., Strong, T., Wulff, D., Michel, J., & St. George, S. (2014). "Where I'm coming from": A discourse analysis of financial advice media. *Journal of Financial Therapy*, *5*(1), 55-79. doi:10.4148/1944-9771.1055 (Impact 2.528, Interdisciplinary collaboration)

16. **Mudry, T., & Strong, T.** (2013). Doing recovery online. *Qualitative Health Research*, 23(3), 313-325. doi: 10.1177/1049732312468296 (Impact 2.036)
17. el-Guebaly, N., **Mudry, T.**, Zohar, J., Tavares, H., & Potenza, M.N. (2012). Broadening our horizon: Response to commentaries. *Addiction*, 107(10), 1739-1740. doi: 10.1111/j.1360-0443.2011.03546.x (Impact 5.798, International collaboration)
18. el-Guebaly, N., **Mudry, T.**, Zohar, J., Tavares, H., & Potenza, M.N. (2012). Compulsive features in behavioral addictions: The case of pathological gambling. *Addiction*, 107(10), 1726–1734. doi: 10.1111/j.1360-0443.2011.03546.x (Impact 5.798, International collaboration)
19. **Mudry, T. E.**, Hodgins, D. C., el-Guebaly, N., Wild, T. C., Colman, I., Patten, S. B., & Schopflocher, D. (2011). Conceptualizing excessive behaviour syndromes: A systematic review. *Current Psychiatry Reviews*, 7, 138-151. doi:10.2174/157340011796391201 (Interdisciplinary collaboration).
20. el-Guebaly, N., & **Mudry, T.** (2010). Problematic Internet use and the diagnostic journey. *World Psychiatry*, 9(2), 93-94.
21. **Mudry, T.**, Kushner, K.E., & Neufeld, A. (2010). Employed mothers' worker ideology and social support network composition while managing multiple demands in paid and family work. *Qualitative Health Research*, 20(7), 905-921. doi: 10.1177/1049732310364221 (Impact 2.036)

Non-refereed Articles

Mudry, T. (Dec. 2020). Awards Update. *Kaleidoscope: Newsletter of the Counselling Psychology Section*, 2. Canadian Psychological Association.

Mudry, T. (May, 2020). Awards Update. *Kaleidoscope: Newsletter of the Counselling Psychology Section*. Canadian Psychological Association.

Mudry, T., (May, 2020). Summit Reflections & Call for Feedback. *Kaleidoscope: Newsletter of the Counselling Psychology Section*. Canadian Psychological Association.

Mudry, T. (Nov. 2019). Awards Update. *Kaleidoscope: Newsletter of the Counselling Psychology Section*. Canadian Psychological Association.

Media and Webinars

*Stone, J., & **Mudry, T.** (Feb 2, 2021). *Friend or Foe? How to create healthy relationships with digital devices in the family*. Alberta Health Services Community Education Service. (Community audience)

*Stone, J., & **Mudry, T.** (December 16, 2020). *Nurturing stability in the face of uncertainty*. Alberta Health Services Community Education Service. <https://youtu.be/gV0SQ1Gyf8I> (Community audience)

Mudry, T. (December 22, 2020). *5 strategies to reduce addiction-like behaviours over the holidays*. The Mike Farwell Show. 570 NEWS. <https://www.570news.com/2020/12/22/tuesday-december-22nd-2020/>

- Mudry, T.** (December 19, 2020). *Reducing excessive behavior over the holidays*. 660 News and CityNews (Edmonton, Vancouver). <https://edmonton.citynews.ca/2020/12/19/reducing-excessive-behaviour-over-the-holidays/>
- Mudry, T.** (December 13, 2020). 5 strategies to reduce addiction-like behaviours over the holidays. *The Conversation*. <https://theconversation.com/5-strategies-to-reduce-addiction-like-behaviours-over-the-holidays-151368>
- Stone, J., & **Mudry, T.** (Sept 30, 2020). *COVID-19 and the family: What we know and what we're doing*. Networking session: Return to school and the mental health impacts. O'Brien Institute for Public Health and Mathison Centre for Mental Health Research & Education. (Research, practitioner audience)
- Mudry, T.,** & Stone, J. (August 28, 2020). Supporting your family in the return to school. *University of Calgary Webinar*. <https://youtu.be/3OqwQyXkqOY>
- Mudry, T.** (n.d.). "Game Over." Telus VOD, Facebook and YouTube. Telus Storyhive documentary on Video Game Addiction. <https://www.youtube.com/watch?v=dyOLc5cl6ck&t>

Conference Presentations/Published Abstracts

1. Wada, K., Gescher, S., Bezanson, B., **Mudry, T.**, Marulanda, D., Kassan, A. (2020, August 6-9). Graduate students' experience in a social justice-oriented program: A qualitative study. In J. M. Taylor (Chair), *Integrating social justice into teaching and learning in counseling psychology* [Symposium]. American Psychological Association Annual Convention, Virtual.
2. Mudry, T. (2020, July 30). *Supervision in the Post-Pandemic World* – Panel Presentation (with Chang, J., Wallace, K., Williams, E., Spowart, P [moderator]). 81st Canadian Psychological Association Annual National Convention, Virtual.
3. Mudry, T. (July 19-24, 2020) *Let me help you quit: Relational practices in recovery from addictive behaviors* – presentation. – Symposium. 32nd International Congress of Psychology, Prague, Czech Republic. (Conference cancelled due to COVID-19)
4. Mudry, T. (July 19-24, 2020). Surviving the Intensive Care Unit: Individual and couples' meaning making during critical care recovery processes – *Symposium Making meaning through diverse Recovery: Disaster, Concussion, and Critical Care Survival*. 32nd International Congress of Psychology, Prague, Czech Republic. (Conference cancelled due to COVID-19)
5. Mudry, T. (2020, May 27-30). *Addressing Social Justice Training at a Programme Level* – Symposium. 81st Canadian Psychological Association Annual National Convention, Montréal, Quebec, Canada. (Conference cancelled due to COVID-19)
6. Mudry, T., Stone, J., & Kintzel, F. (2020, May 27-30). *Group Counselling for ICU Survivors and Caregivers: Physical, Emotional, and Social Recovery* – 12-minute talk. 81st Canadian Psychological Association Annual National Convention, Montréal, Quebec, Canada. (Conference cancelled due to COVID-19)
7. Kitchenham, A., Russell-Mayhew, S., Kassan, A., **Mudry, T.**, Wada, K., Marula, D., Cohene, J., & Domene, J. (July 4, 2019). *Scholarship of teaching and learning research in*

- social justice pedagogy: An inter-disciplinary, reflexive conversation.* IDEAS Conference. Calgary, AB.
8. Strong, T., **Mudry, T.**, & Vegter, V. (May 17, 2019). *Situational analysis mapping for transformative thinking and dialogues in Counselling Psychology.* In Situational analysis in practice II: Substantive research across disciplines. 15th International Congress of Qualitative Inquiry. Urbana-Champaign, IL.
 9. **Mudry, T.**, & Strong, T. (May 18, 2019). *Researching socio-material practices: Situated theoretical, methodological, and clinical considerations.* 15th International Congress of Qualitative Inquiry. Urbana-Champaign, IL.
 10. **Mudry, T.**, Doyle, E., & Strong, T. (November 9, 2018). *Envisioning a better future for recovery practices.* Taos Institute Silver Jubilee – 25 years of Innovation in Social Construction, Cancun, MX.
 11. **Mudry, T.** (October 28, 2018). *Mapping addictive behaviour practices in session: Helping clients move from unhelpful to helpful practices.* 2018 Canadian Counselling Psychology Conference, Canadian Psychological Association, Calgary, AB.
 12. **Mudry, T.** (October 28, 2018). *Marriage and Family Therapy and Counselling Psychology: All in the family.* 2018 Canadian Counselling Psychology Conference, Canadian Psychological Association, Calgary, AB.
 13. **Mudry, T.**, & Morar, M. (June 22, 2018). *Just peer support: A recovery-oriented collaborative learning group.* American Family Therapy Association Annual Meeting: Relational activism: Supporting just relationships in family therapy. Austin, TX.
 14. Hanson, N., polanco, m., Hernandez, N., Shelton, T. L., **Mudry, T.**, Rivera, E., & Williamson, B. (April 20, 2018). *When therapists undergo an epistemological shift.* Life Changing Conversations: A conference and gathering. Houston, TX.
 15. Solórzano, B., & **Mudry, T.** (April 21, 2018). *Collaborating around themes of hardship.* Life Changing Conversations: A conference and gathering. Houston, TX.
 16. Strong, T., **Mudry, T.**, Doyle, E., & Sapacz, M. (May 18, 2017). *Placing addiction and recovery in a discursive, social practice framework: Helping clients inside and outside of the counselling room.* Canadian Counselling and Psychotherapy (CCPA) Conference. St. John's, NL.
 17. **Mudry, T.**, Nepustil, P., Doyle, E., & Ness, O. (April 1, 2017). *Recovery as social practice: Supporting clients in recovery both inside and outside of the counselling relationship.* Third International Conference of Collaborative and Dialogic Practices. Conversations with and among Education, Research, Health, Social Practices, Psychotherapy. Tenerife, Spain.
 18. **Mudry, T.** (November 3-5, 2016). *Using a practice framework to find solutions to addictive behaviours.* Solution Focused Brief Therapy Association Conference, Halifax, NS.
 19. Strong, T., Wulff, D., St. George, S., Sametband, I., & **Mudry, T.** (October 16-19, 2014). *Differences over Dollars and Sense: Money Discourses in MFT.* American Association of Marriage and Family Therapy Annual Conference, Milwaukee, WI.
 20. **Mudry, T. E.** (Sept. 2, 2014). *The addiction is in the practice: Examining components of addictive behaviours using a practice ecology framework.* Symposium presentation:

- Stabilities and transitions between them: Practices and actor networks in addiction and recovery. Qualitative Research in Mental Health Conference (QRMH4). Chania, Greece.
21. Strong, T., Sesma-Vazquez, M., Ross, K., **Mudry, T.**, Doyle, E., & Pickering, B. (June 27, 2014). *“Expert therapeutic” discourse: A contextualized look at its influence, alternatives, and counter-practices*. Workshop presentation, Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change. Drammen, Norway.
 22. **Mudry, T.**, & Doyle, E. (June 27, 2014). *Interviewing the intervention: What happens when you apply CBT to CBT*. Paper presentation, Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change. Drammen, Norway.
 23. Doyle, E., & **Mudry, T.** (June 27, 2014). *Constructing the “client”*: A critical examination of institutional discourses of addiction, recovery, and treatment. Paper presentation, Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change. Drammen, Norway.
 24. **Mudry, T.**, & Doyle, E. (May 9, 2014). *Applying a CBT intervention on the CBT Intervention*. Presentation, Canadian Counselling and Psychotherapy conference. Victoria, BC.
 25. **Mudry, T.** (April 4, 2014). *Behaviour is in the practice: Conceptualizing components of excessive behaviours like gambling using a practice framework*. Poster, Alberta Gambling Research Institute. Banff, AB.
 26. Ross, K., Strong, T., Sesma, M., Sarro, M., Inkster, C., & **Mudry, T.** (April 4, 2014). *Customs, cravings, and compulsions: Discourses of gambling addiction in popular media*. Poster, Alberta Gambling Research Institute. Banff, AB.
 27. Sesma-Vazquez, M., Ross, K.H., Strong, T., & **Mudry, T.** (April 4, 2014). *Connecting with the Problem Gambler: Recognizing and responding to discursive differences in therapy*. Poster, Alberta Gambling Research Institute. Banff, AB.
 28. **Mudry, T.**, Gaete Silva, J., & Merritt, S. (October 19, 2013). *Why identity work matters in the Internalized Other Interview*. Panel Presentation, North America Society for Psychotherapy Research, Memphis, TN.
 29. **Mudry, T.** (August 6, 2013). *Identity and community co-construction: Adapting discourse analysis and ethnomethodology to analyze online forums*. Presentation, IEMCA (International Institute for Ethnomethodology and Conversation Analysis) 2013: Technologies and Techniques, Waterloo, ON.
 30. **Mudry, T.** (June 23, 2013). *It’s all in the practice: Combining qualitative methods to analyze social practices*. Presentation, Advances in Qualitative Methods Conference: Innovation Matters in Qualitative Research – Mixed Methods, Edmonton, AB.
 31. **Mudry, T.** (June 22, 2013). *Identity co-construction online: Using discourse analysis, netnography, and ethnomethodology to analyze an online community*. Presentation, Advances in Qualitative Methods Conference: Innovation Matters in Qualitative Research – Mixed Methods, Edmonton, AB.
 32. St. George, S., & **Mudry, T.** (May 13, 2013). *Financial discourses in family therapy*. Presentation, Alberta Centre for Child, Family, and Community Research Showcase, Edmonton, AB.

33. Strong, T., Sametband, I., **Mudry, T.**, Wulff, T., St. George, S., Gale, J. (November 15, 2012). *Resolving money conflicts: It's in the meaning, not the amount*. Presentation, Taos Institute Conference, San Diego, CA.
34. Strong, T., Sametband, I., French, J., **Mudry, T.**, Gaete Silva, J. (November 16, 2012). *Therapeutic dialogues beyond the constraints of a DSM monologue*. Presentation, Taos Institute Conference, San Diego, CA.
35. **Mudry, T.** (October 25, 2012). *Online recovery: Managing identities of addiction and recovery on an online support forum for problem gamblers*. Faculty of Education Research Colloquium, University of Calgary, AB.
36. St. George, S., Wulff, D., Strong, T., & **Mudry, T.** (September 14, 2012). *Financial discourses in family therapy sessions*. Workshop, American Association for Marriage and Family Therapy, Charlotte, NC.
37. **Mudry, T.** (July 4, 2012). *Managing identities of addiction and recovery on an online support forum for problem gamblers*. Poster, Qualitative Research in Mental Health Conference (QRMH4), Nottingham, UK.
38. **Mudry, T.** (June 14, 2012). *Recovery on an online support forum for problem gamblers*. Poster, Canadian Psychology Association Annual Convention, Halifax. NS.
39. **Mudry, T.**, Chang, J., & French, J. (June 15, 2012). *Negotiating a professional identity as a family therapist in professional psychology*. Round Table Conversation, Canadian Psychology Association Annual Convention, Halifax. NS.
40. **Mudry, T.**, Buzanko, C., & French, J. (May 26, 2012). *Therapists' reflections: Practice and development*. Presentation, Canadian Counselling and Psychotherapy Association Annual Conference, Reflecting on Self and Practice. Calgary, AB.
41. Anderson, M., Doyle, E., & **Mudry, T.** (May 26, 2012). *Paradox, stigma & questions in addiction discourse*. Presentation, Canadian Counselling and Psychotherapy Association Annual Conference, Reflecting on Self and Practice. Calgary, AB.
42. **Mudry, T.** (April 13, 2012). *Understanding and managing addiction and recovery on an online support forum for problem gamblers*. Poster, Alberta Gambling Research Institute Annual Conference, The Causes of Problem Gambling, Banff, AB.
43. Thannhauser, J., Domene, J., & **Mudry, T.** (October 26, 2011). *E-data: Using the Internet to enhance qualitative data collection*. Symposium presentation, 18th Qualitative Health Research (QHR) Conference, Vancouver, BC.
44. Strong, T., Gaete Silva, Sametband, I., J., French, J., **Mudry, T.**, & Doyle, E. (July 21, 2011). *Conversational identity-work and discourses of recovery*. Presentation, PCP 2011, 19th International Congress on Personal Construct Psychology, Pushing the Boundaries of Constructivism: Collaborating Across Theories, Applications, and Methods, Boston, MA.
45. Deeth, S., & **Mudry, T.** (June 4, 2011). *Ethical considerations for students in program evaluation studies*. Symposium conducted at the Canadian Psychology Association Annual Convention, Toronto, ON.

46. **Mudry, T.** (May 19, 2011). *Leaving your office and going online: Understanding clients' use of online support for problem gambling.* Poster, Canadian Counselling and Psychotherapy Association Annual Conference, Bridging the Gap, Ottawa, ON.
47. **Mudry, T.** (April 8, 2011). *Understanding the use of online support for problem gambling.* Poster, Alberta Gaming Research Institute Annual Conference, Engaging the Big Questions in Gambling Studies, Banff, AB.
48. Strong, T., French, J., **Mudry, T.**, Sametband, I., Doyle, E., & Gaete Silva, J. (April 8, 2011). *Discourses and self-narratives of recovery: Identity work and discursive resources.* Poster, Alberta Gaming Research Institute Annual Conference, Engaging the Big Questions in Gambling Studies, Banff, AB.
49. **Mudry, T.**, & Strong, T. (March 12, 2011). *What happens online stays online: Supportive interactions among participants in an online community for problem gambling.* Poster, Georgetown University Round Table (GURT) on Languages and Linguistics: Discourse 2.0, Language and New Media, Washington, DC.
50. el-Guebaly, N., Hodgins, D., **Mudry, T.**, Martin, C., Wild, C., Patten, S., Colman, I., & Schopflocher, D. (October 22, 2010). *Strategies for defining behavioral addiction.* Presentation, Canadian Society for Addiction Medicine Annual Meeting and Scientific Conference, Charlottetown, PEI. In *Canadian Journal of Addiction Medicine*, 2013, 4(3), 3-4.
51. **Mudry, T.** (October 13, 2010). *Netnography: An exploration of an online social support forum for problem gamblers.* Poster, Faculty of Education Graduate Student Research Poster Conference: A Celebration of Student Research, Calgary, AB.
52. el-Guebaly, N., Hodgins, D., **Mudry, T.**, Martin, C., Wild, C., Patten, S., Colman, I., & Schopflocher, D. (October 3, 2010). *Defining behavioural addictions: Research dimensions.* Presentation, International Society for Addiction Medicine 12th Annual Meeting and Scientific Conference, Milan, Italy.
53. **Mudry, T.**, & Strong, T. (May 6, 2010). *Solution-focused and motivational interviewing approaches: How do these fit in counselling problem gamblers in medically-oriented contexts?* Poster, 3rd Annual Faculty of Education Research Conference, Celebrating our Research Community, Calgary, AB.
54. **Mudry, T.**, & Strong, T. (May 7, 2010). *Motivational interviewing and solution-focused counselling with problem gamblers: Can this fit in a medically oriented mental health context?* Poster, UofC Graduate Conference, Today's Ideas, Tomorrow's Innovators, Calgary, AB.
55. Strong, T., & **Mudry, T.E.** (April 9, 2010). *Motivational interviewing and solution-focused counselling for problem gamblers: Practicing in a medically oriented mental health context.* Poster, Alberta Gaming Research Institute Annual Conference, Emergent Clinical Issues in Problem Gambling, Banff, AB.
56. **Mudry, T.**, Kushner, K.E., & Neufeld, A. (October 8, 2009). *Employed mothers' worker ideology and social support: Is there a connection?* Poster, Faculty of Education Graduate Student Research Poster Conference: "A Celebration of Student Research." Calgary, AB

57. Martin, C., **Mudry, T.**, Hodgins, D., & el-Guebaly, N. (September 24, 2009). *Systematic literature and measurement review of behavioral addictions*. Presentation, International Society of Addiction Medicine (ISAM) Annual Conference, Calgary, AB. In *Canadian Journal of Addiction*, 1(1), 24.
58. MacKay, T. L., Hodgins, D. C., Martin, C., & **Mudry, T. E.** (September 3, 2009). *Gambling with technology: A biopsychosocial exploration of Internet gamblers*. Poster, Gambling and Addictions Symposium, Montreal, QB.
59. Horch, J. D., Hodgins, D. C., Stea, J. N. & **Mudry, T. E.** (March 27, 2009). *Problem gambling stereotypes: Implications for stigma*. Poster, Alberta Gaming Research Institute Annual Conference, Internet Gambling, Banff, AB.
60. MacKay, T., Hodgins, D. C., Martin, C. & **Mudry, T.E.** (March 27, 2009). *Problem gambling risk factors in online and land-based gamblers: A comparative study*. Poster, Alberta Gaming Research Institute Annual Conference, Internet Gambling, Banff, AB.
61. **Mudry, T.** (June 12, 2008). *Tobacco cessation: A priority in cancer control*. Presentation, Community Cancer Support Networks: Pre-conference Workshop, Cancer Care 2008, Edmonton, AB.
62. **Mudry, T.** (February 29, 2008). *Ask, advise, refer*. Presentation, 53rd Annual Scientific Assembly, Alberta College of Family Physicians, Banff, AB.
63. Crockford, D., Els, C., el-Guebaly, N., Power, Y., Kunyk, D., **Mudry, T.**, Casey, D., Hodgins, D., Smith, G., Schopflocher, D., Williams, R., Williams, V., Wood, R., & Goodyear, B. (November 17, 2007). *Addiction psychiatry II: New research: Tobacco & gambling*. Presentation, Canadian Psychiatric Association Annual Conference, Montreal, Qc.
64. Els, C., Kunyk, D., & **Mudry, T.** (November 17, 2007). *Real-life tobacco addiction treatment in mentally ill persons*. Presentation, Canadian Psychiatric Association Annual Conference, Montreal, Qc.
65. **Mudry, T.**, Els, C., & Kunyk, D. (October 2, 2007). *Expecting the mentally ill to quit: Are we really doing them a favour?* Presentation, National Conference on Tobacco or Health, Edmonton, AB.
66. Kunyk, D., Els, C., & **Mudry, T.** (September 10-11, 2007). *Implementing smoke-free policies in a Canadian health region*. Poster, Towards a Smokefree Society Conference, Edinburgh, Scotland.
67. Els, C., Kunyk, D., Pohar, R., **Mudry, T.**, & Kunyk, M. (May 3-5, 2007). *Tobacco reduction and cessation (TRaC) project: A collaborative approach to working with high risk populations*. Poster, Strengthening the Bond: Collaborating for Optimal Patient Care, Banff, AB.
68. Els, C., Selby, P., Cleary, K., **Mudry, T.**, Kunyk, D., & Kunyk, M. (July 12-15, 2006). *Tobacco training curricula to support policy reform*. Poster, World Conference on Tobacco or Health Conference, Washington, DC.
69. Winkler, A., **Mudry, T.**, & Stewart, M. (May 25, 2006). *The low income women smokers project: Making healthier choices together*. Presentation, Tobacco Reduction Together: Linking Research, Policy, and Practice, Edmonton, AB.

70. Kushner, K.E., & **Mudry, T.** (October 28, 2005). *Ideology and everyday practice in employed mothers' health decision making*. Poster, Margaret Scott Wright Research Day, Edmonton, AB.

Workshops and Invited Presentations

1. **Mudry, T.** (Feb 8, 2021). Addiction is in the practice: Examining addictive behaviours and helping clients become unstuck. *School and Applied Child Psychology Research Rounds*. (Student and faculty audience)
2. **Mudry, T.,** & Strong, T. (Jan 27, 2021). Researching socio-material practices: Inquiries into the human/non-human interweave. Meet the authors of *Sage Handbook of Social Constructionist Practice*. Sage. (Community, research, practitioner audience)
3. Invited panel participant on PhD Programs (July 9, 2019). *Thesis route and PhD: What's right for you?* Athabasca University Summer Institute. Calgary, AB. (Student audience)
4. Invited host. (May 22, 2019). *Cannabis policy student roundtable discussion with Federal Minister Bill Blair*. Hosted by the Cumming School of Medicine and the Canadian Institutes of Health Research. Calgary, AB. (Community, research, practitioner audience)
5. **Mudry, T.** (March 8, 2017). Movies for Mental Health, Panel Expert. Art with Impact, Acadia University. (Community, research, practitioner audience)
6. **Mudry, T.** (November 28, 2016). *Using a practice framework to find solutions to addictive behaviours*. Valley Connection Psychologists meeting. Kentville, NS. (Practitioner audience)
7. **Mudry, T.** (April 15, 2015). *Addiction is in the practice: Examining excessive behaviours using a social practice framework*. All CYMH presentation to clinicians. Victoria, BC. (Practitioner audience)
8. Strong, T., Sesma, M., Ross, K., **Mudry, T.,** Doyle, E., & Pickering, B. (June 26-28, 2014). "Expert therapeutic" discourse: A contextualized look at its influence, alternatives, and counter-practices. Workshop, *Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change*. Drammen, Norway. <http://www.taosinstitute.net/workshops-beyond-the-therapeutic-state>
9. Jacobsen, M., **Mudry, T.,** & Meyers, G. (November 28, 2013). *Surviving and Thriving in Your PhD Program: Research Proposal to Candidacy*. Presentation to doctoral students. Faculty of Education, Calgary, AB. (Student audience)
10. **Mudry, T.** (May 24, 2013). *Quitting smoking*. Presentation given to Deloitte employees as part of their wellness week. Calgary, AB.
11. St. George, S., & **Mudry, T.** (May 23, 2013). *Financial discourses in family therapy*. Alberta Centre for Child, Family, and Community Research – Research Showcase. Edmonton, AB.
12. Olszewska, K., Carkner, J., Letourneau, N., & **Mudry, T.** (April 30, 2013). *Applying for CIHR master's and doctoral scholarships* (Panel presentation). Presentation given to students in the Faculty of Education and Faculty of Nursing.
13. Strong, T., Bohac-Clarke, V., & **Mudry, T.** (March 6, 2013). *How to survive the graduate student supervision relationship*. Presentation given to EDPS students.

14. Wulff, D., Strong, T., St. George, S., **Mudry, T.**, & Sametband, I. (November 26, 2012). *Overcoming financial conflicts in counseling families and couples: A workshop for counsellors*. Community workshop, Calgary, AB.

Technical Reports

Strong, T., & **Mudry, T.** (2010). *Motivational interviewing and solution-focused counselling for problem gamblers: Prevalence and considerations for a mesh of clinical and administrative discourses in Alberta*. Technical report to the Alberta Gaming Research Institute.

SERVICE

Editorial and Review Activities

- **Section Co-Editor Book**, *The Palgrave Encyclopedia of Critical Perspectives on Mental Health*, Narratives of Aetiology and Recovery. 30 entries inviting, reviewing, and editing.
- **Book Review Editor**, *Canadian Journal of Counselling and Psychotherapy*
- **Journal Reviewer**, *Journal of Systemic Therapies*, *Qualitative Health Research*, *Qualitative Research, Health*, *Canadian School Counselling Review* (formerly *Alberta Counsellor*), *The Qualitative Report*, *SAGE Open*, *JoVE (Journal of Visual Experiments)*, *Harm Reduction Journal*

Service to the Profession/Discipline

- **Canadian Psychology Association**, Counselling Psychology Section Executive Council: Chair, – June 2021-present
- **Canadian Psychology Association**, Counselling Psychology Section Executive Council: Awards Coordinator, – June 2019-June 2021
- **Calgary Family Therapy Centre** Research Committee, April 2020-present
- **Calgary Family Therapy Centre** – Clinician and Supervisor, June 2020-present
- **CIHR COVID-19 Grant Competition**, Adjudicator, July 2020.
- **Critical Care Strategic Care Network**, Adjudicator, 2020 ASICP CC SCN Research Competition, Jan 2020
- **Canadian Psychological Association**, Adjudicator, 2020 Annual Conference Presentation Abstracts, Jan 2020
- **CIHR Observer program, Psychosocial, Sociocultural & Behavioural Determinants of Health (PB2)**, participant, Ottawa, ON, June 6-7, 2019

Service to the University

- **Graduate Scholarship Committee**, Adjudicator, 2019-2020: 112 Indigenous and Graduate Awards Scholarship.
- **Graduate Scholarship Committee**, Adjudicator, 2018-2019: 42 Applications for the GAC.
- **Synergy Team Member**. University of Calgary. Tanzania Maternal Newborn Child Health (MNCH) Initiative through the Regional MNCH Strengthening in Lake Zone, Tanzania and Synergy Initiatives. My role was to develop and co-lead a workshop on qualitative research and support the Tanzanian and Ugandan researchers in building capacity in qualitative research. I was in Tanzania for one week in March (March 4-8th, 2019), and been involved in meetings since December. December 2018-present.
- **U of Calgary Cannabis Researchers**. July 2018-present.
- **OLLU Search Committee**, Worden School of Social Work, Fall 2017

Service to the Faculty

- **WSE – Research Advisory Committee**, Spring 2021-
- **WSE – ISE Development Committee**, Spring 2021-
- ***What's Up Wednesday*** Faculty coordinator: Support student representatives in planning monthly meetups to foster connection among students, network with practitioners in the field, and professional development. Dec 2020-present
- **CPA Accreditation Committee**, Counselling Psychology
- **Werklund School of Education, Search Committee**, December 2018-April 2019.
- **Werklund School of Education**, Counselling Psychology Admissions Sub-Committee, Nov 2018-Jan 2019.
- OLLU APA Accreditation Committee, Psychology Department, Fall 2017
- OLLU Psychology Library Representative, 2017-2018
- Acadia University, Counselling Program Committee, 2016-2017
- Acadia University, Research and Graduate Studies Committee (Article 25.55), 2016-2017
- Acadia Faculty Fitness Program – coordinated and provided faculty with free faculty-only functional fitness classes (3x/week) at times where they were available.

SUPERVISION AND COMMITTEE WORK

Dissertation Supervision (Primary Supervisor)

Dissertation Supervisor, Jezzamyn Stone, UofC, May 2021-
Dissertation Supervisor, Vanessa Vetgar, UofC, SSHRC funded, December 2019 -
Dissertation Supervisor, Christy Sander, UofC, September 2019 –
Co-Supervisor Doctoral Dissertation, Chrystal Fullen, OLLU, Aug 2017-Aug 2018

Thesis Supervision (Primary Supervisor)

Master's Thesis, Chantal Fillion, UofC, SSHRC, Sept 2020-
Master's Thesis, Dominique Bonneville, UofC, SSHRC, Sept 2020-
Master's Thesis, Chantai Minet, UofC, May 2020-
Master's Thesis, Sepidar Farid, UofC, SSHRC funded, Jan 2020 -
Master's Thesis, Avery Sapoznikow, UofC, ACES funded, Sept 2019-
Co-Supervisor Master's Thesis, Christy Sander, UofC, July 2019-Sept 2019

Dissertation committee work (Committee)

Dissertation Committee, Danae Laut, UofC, Dec 2020-
Dissertation Committee, Jezzamyn Stone, UofC, April 2020 – May 2021
Dissertation Committee, Franzi Kintzel, UofC, April 2020 –
Dissertation Committee, Anastasia Campbell, UofC, February 2020 –
Dissertation Committee, Shawna Gray, UofC, February 2020 -
Dissertation Committee, Megan Cowie, UofC, Clinical Psychology, January 2020 –
Dissertation Committee, Isabel Brun, UofC, March 2019 –
Dissertation Committee Member, Alexandra Reustle, OLLU, Aug 2017-Aug 2018

Thesis (manuscript-based thesis) committee work (Committee)

Thesis Committee, Member, Pooja Sohal, UofC, May 2021-
Thesis Committee, Member, Rabab Mukred, UofC, October 2019 -November 2020
Thesis Committee, Member, Danielle Smith, UofC, October 2019 -May 2020

Thesis Committee Member, Jamie Steeves, Acadia, Nov 2016-2017

Dissertation Committee Work (Examiner)

PhD Oral Examiner, Andrew Kim, Psychology, UofC, July 31, 2020

PhD Oral Examiner (Candidacy), Danae Laut, Counselling Psychology, UofC, December 19, 2019

PhD Oral Examiner, Wendy Salvisberg, Counselling Psychology, UofA, September 24, 2019

PhD Internal/External Examiner, Jennifer Swan, Psychology, UofC, March 22, 2019

Thesis Committee Work (Examiner)

MSc Oral Examiner, Alicia Kassian, School & Applied Child Psychology, UofC, Sept 11 2020

MSc Oral Examiner, Laura Richardson, Counselling Psychology, UofC, June 26, 2020

MSc Oral Examiner, Sean Covin, Counselling Psychology, UofC, April 28, 2020

MSc Oral Examiner, Sanchia Bignell, School & Applied Child Psychology, UofC, January 10, 2020

MSc Oral Examiner, Angela Lambert, Counselling Psychology, UofC, August 20, 2019

MSc Oral Examiner, Victoria Pasyk, Counselling Psychology, UofC, July 17, 2019

MSc Oral Examiner, Megan Cowie, Clinical Psychology, July 5, 2019

MN Oral Examiner, Damandeep Gill, Nursing, UofC, April 29, 2019

MSc Oral Examiner, Shannon Loewen, Counselling Psychology, UofC, March 1, 2019

Dissertation and thesis neutral chair

PhD Candidacy Oral Exam, Payden Spowart, May 27, 2019

Visiting International Student Supervision

Lise Trangsrud, Visiting international student from Norway - University of South- Eastern Norway, Jan 1, 2019-May 2019.

COURSE AND PROGRAM DEVELOPMENT

Certificate Design - Relational Recovery and Wellbeing Approaches.

EDPS 600/601: Theories, Working Alliance, and Interventions I/II (“The Super Course”).

Designed two consecutive 3-credit courses that replaced three separate courses (*Creating a Working Alliance* [EDPS 621], *Theory in Counselling Psychology* [EDPS 623], and *Counselling Interventions* [EDPS 639]).

Re-design of EDPS 642/644 Counselling Practicum I/II.

Practicum development at Integrative Services in Education (ISE). Co-developed a counselling practicum to house the first year (EDPS 647) 100-hour practicum (telepsychology services to families in Calgary).

Strong Parents, Strong Kids Program. Developed an 8-session counselling program, *Strong Parents, Strong Kids Program*, and therapy manual specific for the parents whom the ISE clinic would serve.

TEACHING AND SUPERVISION

I orient towards a relational, practice-oriented pedagogy (e.g., Higgs et al., 2011; Lange, 2018; Paré & Tarragona, 2006), which privileges the process or “how,” over content. I draw attention to

context, language, pluralism of ideas and theories, and professional identity. I strive for curious, collaborative, participatory processes.

University of Calgary, Assistant Professor, July 2018-Present

EDPS 647: Practicum in Counselling I. Jan-Apr 2021. Supervised counselling psychology field experience. Increases conceptual understanding of counselling psychology and develops counselling and consulting skills.

EDPS 601: Theories, Working Alliance, and Interventions in Counselling Psychology II. Jan-April 2020, 2021. A continuation of theoretical foundations and practice frameworks for the major schools of counselling psychology.

EDPS 731: Advanced Clinical Supervision in Applied Psychology. Sept 2020-Dec 2020. Provides students with formal training in clinical supervision with the intent of raising an awareness of supervision models, as well as a conceptual framework and vocabulary for thinking through their supervision practice.

EDPS 600: Theories, Working Alliance, and Interventions in Counselling Psychology I. Sept-Dec 2019, 2020. Theoretical foundations and practice frameworks for the major schools of counselling psychology.

EDPS 644: Counselling Practicum II. Jan-April 2020. Provides an opportunity for professional development and supervised practice in a general counselling context. Students will be involved in direct client work under the supervision of a qualified professional. The practicum allows students to actively explore issues encountered in working with a specialized client population or area of practice.

EDPS 642: Counselling Practicum I. Sept-Dec 2019. Provides an opportunity for professional development and supervised practice in a general counselling setting. Students will be involved in direct work with clients under the supervision of a qualified professional. The practicum allows students to actively explore issues encountered in working with a specialized client population or area of practice.

EDPS 611: Qualitative Research Methodologies, May-July, 2019. Advanced study of qualitative research methods for use in applied psychology and education.

EDPS 624: Cultural and Social Justice Issues in Professional Practice, Jan-April, 2019. A critical examination of cultural and equity issues related to the lives of clients and the psychological professionals serving them.

EDPS 602: Counselling Theories and Professional Practice, Sept-Dec, 2018. Engages students in a critical evaluation of a range of contemporary counselling theories and helps them begin to develop a description of their own emerging theory.

EDPS 621: Creating a Working Alliance, Sept-Dec, 2018. Theory and practice in developing skills contributing to working alliance and problem clarification. Ethical, legal and professional issues are the context for the application of generic counselling skills in laboratory experiences.

EDPS 625: Cultural Influences on Professional Practice, Sept-Dec, 2018. Cultural Influences on Professional Practice is designed to enhance students' professional competencies in working with individuals or groups from non-dominating populations.

Our Lady of the Lake University, Assistant Professor, August 2017-July 2018

PSYC 9166: HIPs and PIPs Approach to Assessment and Treatment, June 8th-24th, 2018. Introduction to the HIPs and PIPs approach to assessment and intervention. Case conceptualization and application of the HIPs and PIPs approach in community counseling setting.

PSYC 8384: Strengths Based Approaches to Contemporary Issues, June-July, 2018. Application of strengths-based approaches to the identification and treatment of contemporary issues such as addictive behaviors, eating disorders, homelessness, trauma, geriatrics and other. Course will examine evidence-based practices and practice-based evidence for strengths-based interventions in working with individuals, couples and families experiencing these issues.

PSYC 8330: Socio Cultural Foundations of Counseling Latinxs, May-July, 2018. Immersion experience in the cultures and language of a selected Spanish speaking country (Mexico) and their influence on the delivery of mental health delivery services. Includes lectures from professionals from mental health and related fields, and field trips to relevant sites.

PSYC 8357: Advanced Systemic Approaches to Psychotherapy, Jan – May 2018- Presentation and analysis of contemporary methods in systemic therapy. Emphasis on development of a metatheoretical perspective in psychotherapies in general and systemic therapies in particular.

PSYC 9383: Qualitative Research Design I, Jan - May 2018 Introduction to qualitative research paradigms. Focus on the understanding of designing and conducting original qualitative research relevant to the further development of counseling psychology; and on the preparation for oral and written presentations of its results. Study of the reflexive aspects of qualitative research.

PSYC 9334, Strengths-Based Approaches in Psychotherapy, Aug-Dec 2017 Examination of influence of social constructionism and other postmodern theories on the practice of strength-based approaches to psychotherapy. Therapeutic approaches emphasized include Narrative, MRI, HIPs & PIPs, Solution Focused, Collaborative, and Client Directed Outcome Informed (CDOI) therapies. Examination of common factors and outcome management approaches to psychotherapy research. Preparation for Doctoral Practicum.

Acadia University, Assistant Professor, September 2016-July 2017

EDUC 5003, Human Development and Learning, May-July 2017 This course focuses on human development and learning across the lifespan. A primary focus will be on the emergence and growth of self-concept and self-awareness in relation to the development of personal agency.

EDUC 50J3, Principles of Assessment for Counselling, Jan-May 2017, May-July 2017
Full-time on-campus students (weekly), Part-time off campus students (monthly)
This course is designed to explore the principles, issues, and current practices in assessment as it relates to the Counselling profession. Both standardized and informal measures of assessment will

be explored during the course. Students will learn to critically evaluate the various assessment strategies. Emphasis will be on learning to choose assessment strategies that are most suited to the individual and the situation. Every effort will be made to provide experiences which allow students to tailor their assignments to their professional goals.

EDUC 5066, Counselling Practicum, Jan-May, 2017

Full-time on-campus students (weekly)

This course is at the core of the Counselling Programme at Acadia. The Seminar and Practicum assists students in the development of attitudes, awareness, knowledge and skills that collectively contribute to the establishment of a strong counselling/therapeutic alliance in counselling/psychotherapy relationships, and to the design and implementation of appropriate, adequate, effective, and efficient counselling/psychotherapy programmes, services and treatments. The seminar class and faculty supervision components of the course afford the opportunity for students to reflect on, and process their experiences with a view to enhancing professional growth and development in a climate of trust, safety, encouragement support and critical thinking.

EDUC 5153, Readings in Education (Expressive Writing Groups and Mental Health): Sept-Dec 2016

The focus of this course was to examine Creative Writing Workshops as a tool for youth struggling with mental health issues such as eating disorders, low self-esteem, depression, addiction, anxiety, and violence.

EDUC 5623, Group Counselling: Sept-Dec, 2016

Full-time on-campus students (weekly), Part-time off campus students (monthly)

This course is designed to provide students with a conceptual and experiential introduction to group counselling theory, models, strategies, and techniques. It affords opportunity for the acquisition and application of values, attitudes, self-awareness, knowledge, and skills consistent with best practice in group counselling.

EDUC 5153, Readings in Education (Addiction: Counselling and Strategies): Sept-Dec, 2016

The focus of this course is to provide the student an opportunity to conduct an in-depth examination of a topic of choice. Assignments include annotated bibliography, literature review, and manual.

Clinical Coordinator: Sept 2016-July 2017

The role of the Clinical Coordinator is to initiate practicum planning and assist students in exploring practicum options and navigating the appropriate channels for application

CLINICAL PRACTICE

Registered Psychologist (Alberta) – Private Practice. February 2020 –present

Therapist & Supervisor, Calgary Family Therapy Centre. June 2020-present

Practicum Team Supervisor – Community Counseling Services (CCS) Clinic, Sept-May 2018

The CCS offers outpatient clinical services and walk-in service for individuals (53%), couples (14%), and family units (33%). CCS clients reflect the diversity of the local San Antonio community: Hispanic (74%), European American (17%), and African American (4%) of lower income status (55% under 10k, 36% between 10-25K, and 9% over 20K).

The CCS receives referrals from a wide variety of sources and clients come to the CCS with a wide variety of problems: marriage and family challenges (25%); abuse and violence (25%); parents and/or teachers concerned about the problems of children and teenagers such as truancy, running away, tantrums, sexual activity, drug use, and shoplifting (25%); and assistance for situations that have been diagnosed as alcoholism, depression, schizophrenia, suicidal tendencies, psychosomatic illness, and anxiety (25%). In addition, 20-25% of the individuals and families seen at CCS are ordered to attend therapy by a governmental agency (courts and schools) or business.

Pre-Doctoral Internship: Saanich and Westshore Child and Youth Mental Health, Ministry of Children and Family Development: September 2014-August 2015

Child and Youth Mental Health (CYMH) provides community-based specialized mental health services to children and youth under the age of 19 and their families on a voluntary basis.

Hours: Total: 1,738; Client hours: 507; Supervision: 180.

Experience: Conducted comprehensive assessment and treatment of children and adolescents struggling with a range of moderate to severe mental health concerns.

- Comprehensive diagnostic assessment through the use of clinical interviewing and appropriate measures (Beck Youth Inventory, Trauma Symptom Checklist for Children, Multidimensional Anxiety Scale for Children, Resiliency questionnaire, Connors-3, Achenbach System of Empirically Based Assessment (ASEBA), Behavior Rating Inventory of Executive Function (BRIEF).
- Psychoeducational Assessment: Wechsler Intelligence Scale for Children - Fourth Edition (WISC-IV), Wechsler Individual Achievement Test - Third Edition (WIAT-III), Children's Memory Scale, and Beery-Buktenica Developmental Test of Visual-Motor Integration, Sixth Edition (BEERY VMI).
- Individual therapy using Cognitive Behaviour Therapy and play based therapy, incorporating aspects of Narrative Therapy, Dialectical Behaviour Therapy, and Interpersonal Psychotherapy.
- Family Therapy interventions as appropriate.
- Group Therapy: Reducing Anxiety and Depression (RAD) group for teens (CBT oriented group), First Friends (school-based social skills group for kindergarten and grade 1 students), Connect Parent Group (attachment based parenting group), ADHD psychoeducation group (developed and co-presented).
- Dyadic training, workshops, and collaborative team meetings and consultations.
- Collaborated with teachers, school counsellors, and integrated support workers. Attended Individual Education Plan meetings and collaborative team meetings.

Calgary Family Therapy Centre: September 2011 – April 2012

The Calgary Family Therapy Centre is a clinical outpatient treatment program, which provides specialized services in family therapy.

Hours: Total: 711; Client hours: 242; Supervision: 193.

Experience: Conducted assessment and therapy in the context of Family Therapy, where one family member, under the age of 18, was experiencing emotional or mental health struggles.

- Developed a coherent approach to systemic, collaborative family therapy.
- Developed and maintained a working alliance with multiple family members.
- Family, individual, couple, and dyad therapy sessions as appropriate.
- Learned to identify, call attention to, and intervene in pathologizing interpersonal patterns (PIP's) and healing interpersonal patterns (HIP's) in families.
- Took part in weekly screening and reflecting teams.

- Engaged in a practice-based research project concerning financial discourses in family therapy.

Adult Mental Health and Walk-In, South Calgary Health Centre, Alberta Health Services: September 2010 – May 2011

Adult Mental Health: provided brief therapy (up to 12 sessions) to adult clients (18-64) using a primarily cognitive-behavioural approach, presenting with a wide variety of mental health problems. Main presenting problems are moderate to severe depression and anxiety.

Walk-In Mental Health: provided single-session psychotherapy to clients of all ages on a no appointment, no referral basis. Worked on an interdisciplinary team using one-way mirrors, telephone call-ins, and reflecting teams.

Hours: Total: 741; Client hours: 210; Supervision: 162

Experience: Provided comprehensive mental health assessment and therapy in the context of Adult Mental Health and Walk-In services.

- Comprehensive mental health assessment involving clinical interviews and questionnaires (e.g., Beck Depression Inventory, Beck Anxiety Inventory).
- Individual psychotherapy with adults struggling with an Axis-I diagnosis of depression, anxiety, or adjustment disorder, in the context of situational factors. Therapy utilized a primarily Cognitive Behavioural Therapy approach, incorporating Solution Focused and Narrative techniques.
- Involved in couple co-therapy using Narrative approaches to assist couples experiencing relationship distress.
- Single session Walk-In therapy with individuals, couples, families struggling with various issues (e.g., depression, anxiety, family discord, substance abuse, etc.). Walk-In therapy utilized a primarily Solution Focused approach, with other techniques when appropriate.
- Involved in at least 2 hours/week of individual supervision, including direct observation of sessions, pre and post session consultation and treatment planning, readings and discussion of the most relevant research, interventions and therapeutic approaches, videotape reviews, reviews and consultation of written assessment reports.
- Participated in reflecting teams, client consultations with other therapists, and professional development opportunities (e.g., CBT supervision and reading group, whole team supervision, etc.). Multidisciplinary consultation with other services located at the South Calgary Health Centre, such as Mobile Response Team, Urgent Care Mental Health (referral and consultations with a psychiatrist), and family physicians.

Providence Children's Centre: January-April 2010.

Providence provides in-class resources, education and behavioural support for children with special needs via an interdisciplinary team of teachers, occupational therapists, physiotherapists, speech therapists, and psychologists.

Hours: Total: 116; Individual Client: 52; Group therapy: 14; Family therapy: 2; Individual Supervision: 19; Joint Supervision: 15.

Experience: Worked with four children with special needs (ADHD, Autism, Gross Motor Delays and Anxiety), parents, teachers and therapists to adjust and implement interventions individualized to the child.

- Developed skills in case conceptualization.
- Engaged in supervised counselling/consulting with parents and professionals to provide guidance and support.
- Consulted with multidisciplinary team members (including teachers, OTs, PTs, Speech Pathologists) about the children.

- Developed professional relationship with clients, families and other professionals.

GROUP THERAPY EXPERIENCE

Reducing Anxiety and Depression (RAD): A manualized CBT oriented group for teens

First Friends: A manualized social skills group for Kindergarten and grade 1 students

Connect Parent Group: A manualized attachment based parenting group for parents of youth

Tobacco Reduction and Cessation (TRaC) Group: Assisted in developing a Group Cessation Program for persons with severe and persistent psychiatric conditions. Facilitated this 9-week group with 12 psychiatric patients. Group sessions consisted of: Psychoeducation, Relaxation techniques, Cognitive Behavioural Therapy (CBT), and Motivational Interviewing (MI), Contingency Management, and peer support (18 hrs total).

QuitCore. Assisted in developing and training facilitators in QuitCore, a free smoking cessation group counselling program delivered by health professionals

Low Income Women Smoker's Group. Assisted in developing and training facilitators in an empowerment based smoking cessation group program for low-income women smokers.

ASSESSMENT TRAINING AND SUPERVISED ASSESSMENTS

Structured Clinical Interview for DSM-IV Axis I Disorders (SCID-I)

Wechsler Abbreviated Scale of Intelligence (WASI)

Millon Clinical Multiaxial Inventory (MCMI)-III

Wechsler Intelligence Scale for Children - Fourth Edition (WISC-IV)

Wechsler Individual Achievement Test -Third Edition (WIAT-III)

Children's Memory Scale

Beery-Buktenica Developmental Test of Visual-Motor Integration, Sixth Edition (BEERY VMI)

Behavior Rating Inventory of Executive Function (BRIEF)

RELEVANT WORKSHOP PARTICIPATION

Pragmatics of ethical and effective telepsychology practice through video conferencing. National Register of Health Service Psychologists. Clinical webinars for health services psychologists. March 20, 2020.

Telehealth for mental health professionals. 2-Day Distance Therapy Training. Presenter: Joni Gilbertson. PESISeminar.

CIHR Early Career Researcher (ECR) Observer program for the Project Grant: Spring 2019 competition. Ottawa, ON, June 6-7, 2019.

Galvanizing Family Therapy 2: A think tank on social action. Galveston Island, Texas, May 30-June 1, 2019. Invited and participated in this 2 day "think tank" with established experts and new experts in the field.

ALPHABET SOUP (2018), UCalgary Q Centre (Calgary, AB), Tabatha Wallace, 2 hours

Collaborative Family Healthcare Association, 19th Annual Conference, To Integration & Beyond: Creating Solutions for a Connected, Sustainable Future, Houston, TX, Oct 19-21, 2017

Galvanizing Family Therapy: Reclaiming and Revitalizing Collaborative Practices - A think tank with a focus on action. Galveston Island, Texas, May 4-5, 2016. Invited and participated in this 2 day “think tank” with established experts and new experts in the field.

Narrative Therapy training: Narrative Traditions & Narrative Innovations: Philosophical Assumptions, Operating Principles, Current Practices, Galveston Island, Texas, May 6-7, 2016.

DSM-5 Overview Training, May 20, 2015 (2.75 CEC hours).

Therapeutic Conversations 12 - Narrative Therapy Conference: Vancouver, BC. April 29-May 2, 2015.

Connect Parent Group Training: Victoria, BC. November 18-20, 2014.

Clinical Workshop: Comprehensive Cognitive Behavior Therapy for Social Anxiety Disorder to Maximize Gains. University of Calgary. September 5, 2013.

6th Annual Addiction Day Conference & Networking Fair. Faculty of Medicine, University of Calgary. April 19, 2013.

5th Annual Addiction Day Conference & Networking Fair. Faculty of Medicine, University of Calgary. April 27, 2012.

Bruce Perry Presentation, Hull Child and Family Services. May 10, 2011.

4th Annual Addiction Day & Networking Fair: Innovations and Advancements. Faculty of Medicine, University of Calgary. April 29, 2011.

Treatment of Insomnia with Cognitive Behaviour Therapy. Division of Psychosocial Oncology. Calgary, AB. February 22, 2011.

Cognitive Behaviour Therapy for Psychosis. Presented by Paul French, Greater Manchester West NHS Foundation Trust. University of Calgary. September 14, 2010.

3rd Annual Addiction Day & Street Drugs Conference & Networking Fair: The Brain and Behaviour. Faculty of Medicine, University of Calgary. April 23, 2010.

2nd Annual Addiction Day & Networking Fair: Integration of new research and collaboration in addiction & mental health. Faculty of Medicine, University of Calgary. April 17, 2009.

ASIST – Applied Suicide Intervention Skills Training. Centre for Suicide Prevention. February 6-7, 2010.

Training Enhancement in Applied Cessation Counselling and Health – A comprehensive course on smoking cessation: Essential skills and strategies. Centre for Addiction and Mental Health(CAMH)/Alberta Cancer Board (ACB), Calgary, AB. June 14-16, 2008.

1st Annual Addiction Day: Broadening the concept of addiction. Faculty of Medicine, University of Calgary. April 18, 2008.

MEMBERSHIP

- Addiction and Mental Health RESEARCH HUB, AHS, Member, May 2020-present
- Critical Care Strategic Care Network, January 2019-present
- Canadian Research Initiative in Substance Misuse (CRISM), July 2018-present
- The Mathison Centre for Mental Health Research & Education

- O'Brien Institute for Public Health, 2018-present
- Taos Institute Associate
- American Family Therapy Academy, April 2018-2019
- International Positive Psychology Association
- Society for Psychotherapy Research
- Canadian Psychological Association, member at large, 2016-present
- Canadian Counselling and Psychotherapy Association

RELEVANT EMPLOYMENT EXPERIENCE

Research Manager, Division of Applied Psychology, University of Calgary: 2011-2012

Financial Discourses in Family Therapy, with Drs. Tom Strong, Sally St. George, and Dan Wulff (Alberta Centre for Child, Family & Community Research).

Research Assistant, Division of Applied Psychology, University of Calgary: 2011-2012

International Students' Transitions to Work (Dr. Nancy Arthur)

Research Assistant, Division of Applied Psychology, University of Calgary: 2010-2011

Motivational interviewing and solution focused counselling for problem gamblers: Prevalence and considerations for a mesh of clinical and administrative discourses in Alberta. (Alberta Gaming Research Institute).

Research Assistant, Addictive Behaviours Laboratory, Department of Psychology, University of Calgary: Jan 2009 - May 2010 (Dr. David Hodgins)

Wellness Consultant, Organisational Health, Sykes Assistance Services: Sept 2008 - Dec 2009

Health Professional Cessation Program Coordinator, Tobacco Control Unit, Alberta Cancer Board: 2007-2008

Project Manager/Group Therapist, Tobacco Reduction and Cessation (TRaC) Project, Department of Psychiatry, University of Alberta: 2006-2007 (Dr. Charl Els)