Foundational Course Suggestions, offered by Athabasca University

The below acts as a ‘starter’ list of course ideas to fulfill the Foundational course requirements, mandatory of all Teachable Subject Areas. This list does not fully reflect all of Athabasca’s course offerings, and may quickly become out-of-date as that institution updates or offers new courses. Students are thus encouraged to use the below to start their course selection, but are highly encouraged to take a look at Athabasca’s full catalogue.

Course selections should be cleared with an Advisor prior to enrolment. The University of Calgary cannot, and is not responsible for, the fees paid on any course taken at other institutions. Students should ensure to check credit weighting, pre-requisites, and other restrictions during their searches.

English or French Literature

- ENGL 211: Prose Forms
- ENGL 212: Poetry and Plays
- ENGL 302: Introduction to Canadian Literature
- ENGL 305: Literature for Children
- ENGL 306: The Literature of Work
- ENGL 307: Women in Literature
- ENGL 308: Native Literature in Canada
- ENGL 324: Shakespeare I
- ENGL 344: American Literature I
- ENGL 351: Comparative Canadian Literature I
- ENGL 393: The Early Twentieth-Century English Novel
- FREN 305: La littérature jeunesse
- FREN 358: Initiation à la littérature d’expression française I
- FREN 374: Littérature québécoise

Fine Arts

- ARHI 201: A Survey of Western Art I – Looking at Art from Ancient Times to the Middle Ages
- ARHI 202: A Survey of Western Art II – Looking at Art from the Renaissance to Present Day
- ENGL 431: Canadian Drama
- MUSI 267: Sound and Sense – Listening to Music
- MUSI 268: Classical Music – A Historical Introduction
- MUSI 285: History of Popular Music I – Blues to Big Bands, 1900 – 1940

Psychology

- EDPY 200: Educational Psychology
- EDPY 351: Inclusive Education for Students with Diverse Needs
- EDPY 389: Learning Disabilities – Issues and Interventions
- PSYC 210: Experiential Learning in the Celebration of Diversity
- PSYC 228: Introduction to Human Development
- PSYC 290: General Psychology
- PSYC 310: Learning and Instruction
- PSYC 323: Developmental Psychology
- PSYC 333: Sensation and Perception
- PSYC 340: Introduction to Applied Social Psychology
- PSYC 345: The Psychology of Women
- PSYC 350: Adolescent Psychology
- PSYC 355: Cognitive Psychology
- PSYC 379: Social Psychology
- PSYC 381: The Psychology of Adult Development

**Physical Education or Health and Wellness**

- BIOL 235: Human Anatomy and Physiology
- HLST 200: Introduction to Human Health
- NUTR 331: Nutrition for Health

**Science**

- ASTR 205: Universe - The Ultimate Frontier
- ASTR 210: Introduction to Astronomy and Astrophysics
- BIOL 204: Principles of Biology I
- BIOL 230: Human Physiology
- ENSC 200: Introductory Environmental Science
- GEOL 200: Introductory Physical Geology
- MATH 209: Finite Mathematics
- MATH 265: Introduction to Calculus I
- MATH 270: Linear Algebra I
- PHYS 200: Introductory Physics I

**Canadian Studies**

- HIST 224: History of Canada to 1867
- HIST 225: History of Canada, 1867 to the Present
- HIST 326: Contemporary Canada: Canada After 1945
- HIST 368: Indigenous Peoples in Canada to 1830
- HIST 369: Indigenous Peoples in Canada Since 1830
- HIST 370: The Métis
- LGST 230: The Canadian Legal System