

Lakeland College – Transferable Courses

Updated: June 2026

Use the following as a guide to completing the non-Education requirements for your BEd:

- **Teachable Subject Area** - 8 courses (24 units)
- **Foundational Areas** - 1 course in each of 6 areas (18 units)
- **Electives** - 5 courses (15 units)

→ **Tip:** Stay organized: Plan early, check with advisors, and confirm transferability before paying fees or registering

Start Here

- Run your **Academic Requirements Report** (Student Centre > Program & Advising) for missing courses
- Review the institution's **course catalogue** and **schedule**
- Check **delivery** (in-person/online; synchronous/asynchronous; paced/self-paced)
- Confirm **credit weighting** and **course level/coding**
- Review **prerequisites, antirequisites, and restrictions**
- **Transfer credit rulings can change** — use the **Transfer Credit Search Tool**
- Make sure it is **not a duplicate** of credit you already hold

→ **Tip:** Always confirm the latest offerings in the institution's course catalogue for up-to-date information.

Avoiding Duplicates & Restrictions

- A course can fulfill only one requirement (e.g., ENGL 251 counts as either Foundational or Elective)
- No credit is given for courses equivalent to one you already hold, or to their antirequisites (e.g., **MATH 265** or its antirequisite **MATH 249**)

→ **Tip:** Use extra caution if taking courses from multiple institutions.

Before You Register

- **Talk to an Advisor** – Email planned courses to upe@ucalgary.ca at least 2-weeks before the LoP deadlines

When emailing upe@ucalgary.ca, include:

- UCID number
- Intended semester of enrolment
- Institution name
- Course code(s) and title(s)
- Anticipated UCalgary equivalent(s)
- Degree requirement(s) the course will fulfill:
 - Example: *Northern Lakes College, ENGL 1000 = ENGL 203, literature foundational*

- Submit your **Letter of Permission (LoP)**, then email upe@ucalgary.ca to let us know

- **LoP Deadlines:**

October 15 – Winter
March 1 – Spring/Summer
June 15 – Fall

- **Wait for approval** — do **not** enroll until your LoP is formally approved (you'll receive an approval email with the LoP attached).
- **Report changes** to upe@ucalgary.ca if you drop or swap a course.

Taking the Course(s)

It is your responsibility to...

- **Apply & Register** – You must apply directly to the external institution.
- **Pay all Fees** – You are responsible for tuition and any related fees.

After Completion

- Order **official transcripts sent directly to Admissions** (transcripts@ucalgary.ca) no later than July 1st each year, to ensure they are received in time for the August 1 deadline.
- Check your **Transfer Credit Report** around 2 weeks after requesting transcripts; if your transfer credit is not posted, connect with Admissions to confirm receipt of the transcript, and if you are still missing credit after 1 month has passed, email upe@ucalgary.ca.

Resources

- Step-by-step instructions for submitting a Letter of Permission: **LoP Guide (PDF)**
- Check how courses transfer: **Transfer Credit Search Tool**
- Your **Academic Requirements Report** shows your completed and pending degree requirements
- How to view your **Transfer Credit Report**

Foundational Courses (one from each of 6 areas):

English or French Literature Foundational		
Any approved course that transfers to UCalgary as ENGL or FREN with a primary focus on reading and analyzing literature		
Course Code	Course Title	UCalgary Equivalent
ENGL 112	Introductory English Literature (6 units)	ENGL 305 + 307 (6 units)
ENGL 224	Indigenous Storytelling	ENGL 376

Visual or Performing Arts Foundational		
Any course that transfers to UCalgary as ARHI, ART, DNCE, DRAM, MUSI, MUED, MUPF, SCPA		
Course Code	Course Title	UCalgary Equivalent
DRAMA 149	Dramatic Process I	DRAM 2XX
DRAMA 247	Introduction to Oral Communication	DRAM 9XX
MUSIC 100	Rudiments of Music	MUSI 2XX

Physical Education or Health & Wellness Foundational		
Any course that transfers to UCalgary as KNES or is approved as fulfilling physical education or health and wellness content		
Course Code	Course Title	UCalgary Equivalent
ANPH 210	Principles of Anatomy & Physiology (6 units)	KNES 2XX (6 units)
HEED 110	Introduction to Personal Health and Well-being	OPTN 2XX
PEDS 293	Intro. to the Movement Activities of Children Aged 5-12	OPTN 2XX
PEDS 294	Conceptual Approach to Physical Activity	OPTN 2XX
NUTR 110	Introductory Nutrition	KNES 237

Psychology Foundational		
Any course that transfers to UCalgary as PSYC		
Course Code	Course Title	UCalgary Equivalent
PSYCO 104	Basic Psychological Processes	PSYC 200
PSYCO 105	Individual & Social Behaviour	PSYC 201

Science or Math Foundational		
Any course that transfers to UCalgary under the Faculty of Science or Schulich School of Engineering		
Course Code	Course Title	UCalgary Equivalent
ASTRO 120	Astronomy of the Solar System	ASTR 207
BIOL 107	Introduction to Cell Biology	BIOL 211
BIOL 108	Introduction to Biological Diversity	BIOL 2XX / 213
CHEM 101	Introductory University Chemistry I	CHEM 2XX / 201
CHEM 102	Introductory University Chemistry II	CHEM 2XX / 203
EAS 100	Planet Earth	GLGY 201
EAS 105	The Dynamic Earth Through Time	GLGY 2XX / 202
PHYS 124	Particles & Waves	PHYS 2XX
PHYS 126	Fluids, Fields, & Radiation	PHYS 2XX
MATH 113	Elementary Calculus I	MATH 249
MATH 115	Elementary Calculus II	MATH 2XX
MATH 160	Higher Arithmetic	MATH 205
STAT 151	Introduction to Applied Statistics I	STAT 205

Canadian Studies Foundational		
Any course that transfers to UCalgary as CNST or is approved as fulfilling Canadian Studies content		
Course Code	Course Title	UCalgary Equivalent
HIST 260	Pre-Confederation Canada	HTST 211
HIST 261	Post-Confederation Canada	HTST 213
NS 110	Historical Perspectives in Native Studies	ANTH 346
NS 111	Contemporary Perspectives in Native Studies	INDG 201

Electives (5 courses, freely chosen):

Elective Suggestions		
Course Code	Course Title	UCalgary Equivalent
Any of the above courses not already used towards Foundational or Teachable requirements. Students may also choose to take courses not listed.		
EDU 100	Context of Education ***cannot be used in lieu of EDUC 201***	EDOP 2XX
EDU 210	Introduction to Educational Technology	EDOP 2XX
EDPY 304	Adolescent Development and Learning	EDOP 9XX
PAC 100	Applied Resistance Training	OPTN 2XX
PAC 137	Volley Activity Class	OPTN 2XX

Teachable Subject Area Courses (8 courses from your teachable area):

Students are required to complete 24 units in their teachable subject area. **9 units must be at 300 level or above.**

Calendar link for all program requirements

Early Childhood Teachable Area - 9 units must be at 300 level or above		
Course Code	Course Title	UCalgary Equivalent
3 units: EDUC 207 – offered by UCalgary		
3 units: EDUC 213 – offered by UCalgary		
3 units from Art, Art History, Drama, Music, or Music Performance		
DRAMA 149	Dramatic Process I	DRAM 2XX
DRAMA 247	Introduction to Oral Communication	DRAM 9XX
MUSIC 100	Rudiments of Music	MUSI 2XX
6 units from Math/Science		
ASTRO 120	Astronomy of the Solar System	ASTR 207
BIOCH 200	Introductory Biochemistry	BCEM 9XX
BIOL 107	Introduction to Cell Biology	BIOL 211
BIOL 108	Introduction to Biological Diversity	BIOL 2XX / 213
BIOL 207	Molecular Genetics and Heredity	BIOL 311
BIOL 208	Principles of Ecology	BIOL 313
CHEM 101	Introductory University Chemistry I	CHEM 2XX / 201
CHEM 102	Introductory University Chemistry II	CHEM 2XX / 203
CHEM 161	Organic Chemistry I	CHEM 9XX / 351
CHEM 263	Organic Chemistry II	CHEM 9XX / 353
EAS 100	Planet Earth	GLGY 201
EAS 105	The Dynamic Earth Through Time	GLGY 2XX / 202

MATH 113	Elementary Calculus I	MATH 249
MATH 115	Elementary Calculus II	MATH 2XX
MATH 160	Higher Arithmetic	MATH 205
MICRB 265	Microbiology	CMMB 343
PHYS 124	Particles & Waves	PHYS 2XX
PHYS 126	Fluids, Fields, & Radiation	PHYS 2XX
3 units from Psychology		
PSYCO 104	Basic Psychological Processes	PSYC 200
PSYCO 105	Individual & Social Behaviour	PSYC 201
PSYCO 223	Developmental Psychology	PSYC 351
PSYCO 233	Personality	PSYC 383
PSYCO 241	Social Psychology	PSYC 345
PSYCO 341	Cultural Psychology	PSYC 9XX
6 units from English Literature		
ENGL 112	Introductory English Literature (6 units)	ENGL 305 + 307 (6 units)
ENGL 224	Indigenous Storytelling	ENGL 376
ENGL 373	Canadian Literature to 1925	ENGL 471
ENGL 388	Folklore in Children's Literature in English	ENGL 487 / ENGL 9XX
ENGL 389	Classics of Children's Literature in English	ENGL 487

English Language Arts Teachable Area - 9 units must be at 300 level or above		
Course Code	Course Title	UCalgary Equivalent
24 units from English		
ENGL 112	Introductory English Literature	ENGL 305 + 307 (6 units)
ENGL 224	Indigenous Storytelling	ENGL 376
ENGL 373	Canadian Literature to 1925	ENGL 471
ENGL 388	Folklore in Children's Literature in English	ENGL 9XX
ENGL 389	Classics of Children's Literature in English	ENGL 487
Note: students may need further courses in addition to these offerings, please contact upe@ucalgary.ca to discuss options		

Math Teachable Area - 9 units must transfer at the 300-level or higher		
Course Code	Course Title	UCalgary Equivalent
24 units from Mathematics or Statistics		
MATH 113	Elementary Calculus I	MATH 249
MATH 115	Elementary Calculus II	MATH 2XX
MATH 160	Higher Arithmetic	MATH 205
STAT 151	Introduction to Applied Statistics I	STAT 205
Note: students may need further courses in addition to these offerings, please contact upe@ucalgary.ca to discuss options		

Science Teachable Area - 9 units must be at 300 level or above		
Course Code	Course Title	UCalgary Equivalent
24 units from ASPH, ASTR, BCEM, BIOL, CHEM, CMMB, CPSC, EARTH, ECOL, ESCI, ENSC, GLGY, GOPH, PHYS, PLBI, or ZOOL		
ASTRO 120	Astronomy of the Solar System	ASTR 207
BIOCH 200	Introductory Biochemistry	BCEM 9XX
BIOL 107	Introduction to Cell Biology	BIOL 211
BIOL 108	Introduction to Biological Diversity	BIOL 2XX / 213

BIOL 207	Molecular Genetics and Heredity	BIOL 311
BIOL 208	Principles of Ecology	BIOL 313
CHEM 101	Introductory University Chemistry I	CHEM 2XX / 201
CHEM 102	Introductory University Chemistry II	CHEM 2XX / 203
CHEM 161	Organic Chemistry I	CHEM 9XX / 351
CHEM 263	Organic Chemistry II	CHEM 9XX / 353
EAS 100	Planet Earth	GLGY 201
EAS 105	The Dynamic Earth Through Time	GLGY 2XX / 202
MICRB 265	Microbiology	CMMB 343
PHYS 124	Particles & Waves	PHYS 2XX
PHYS 126	Fluids, Fields, & Radiation	PHYS 2XX

Social Studies Teachable Area - 9 units must be at 300 level or above		
Course Code	Course Title	UCalgary Equivalent
3 units from History		
HIST 111	Early Modern World	HTST 204
HIST 112	Modern World	HTST 201
HIST 250	American History to 1865	HTST 359
HIST 251	American History Since 1865	HTST 2XX
HIST 260	Pre-Confederation Canada	HTST 211
HIST 261	Post-Confederation Canada	HTST 213
3 units from Geography		
Note: students may need further courses in addition to these offerings, please contact upe@ucalgary.ca to discuss options.		
18 units from ANTH, ARKY, CNST, ECON, GEOG, GSXS, HTST, INDG, LWSO, POLI, PSYC, SOCI, RELS, or UBST		
NS 110	Historical Perspectives in Native Studies	ANTH 346
NS 111	Contemporary Perspectives in Native Studies	INDG 201
POLS 101	Introduction to Politics	POLI 201
PSYCO 104	Basic Psychological Processes	PSYC 200
PSYCO 105	Individual & Social Behaviour	PSYC 201
PSYCO 223	Developmental Psychology	PSYC 351
PSYCO 233	Personality	PSYC 383
PSYCO 241	Social Psychology	PSYC 345
PSYCO 341	Cultural Psychology	PSYC 9XX
SOC 100	Introductory Sociology	SOCI 201
SOC 102	Social Problems	SOCI 2XX
SOC 224	Sociology of Deviance & Conformity ** do not also take SOC 225 **	SOCI 325
SOC 225	Criminology ** do not also take SOC 224 **	SOCI 325
SOC 242	Sociology of Gender	SOCI 303
SOC 271	Introduction to the Family	SOCI 371
SOC 282	Race & Ethnic Relations	SOCI 375

Social Studies: Revitalization of Indigenous Languages Teachable Area - 9 units must be at 300 level or above		
Course Code	Course Title	UCalgary Equivalent
6 units from Canadian History		
HIST 260	Pre-Confederation Canada	HTST 211
HIST 261	Post-Confederation Canada	HTST 213
6 units of Indigenous Studies		
NS 111	Contemporary Perspectives in Native Studies	INDG 201
NS 110	Historical Perspectives in Native Studies	ANTH 346
3 units EDUC 313 – offered by UCalgary		
6 units of Indigenous Languages		
NS 171	Introductory Cree (6 units)	INDL 301.02 + 303.02 (6 units)
Note: students may need further courses in addition to these offerings, please contact upe@ucalgary.ca to discuss options.		
3 units from ANTH, ARKY, CNST, GEOG, GSXS, INDG, LWSO, POLI, or SOCI		
NS 110	Historical Perspectives in Native Studies	ANTH 346
POLS 101	Introduction to Politics	POLI 201
SOC 100	Introductory Sociology	SOCI 201
SOC 102	Social Problems	SOCI 2XX
SOC 224	Sociology of Deviance & Conformity ** do not also take SOC 225 **	SOCI 325
SOC 225	Criminology ** do not also take SOC 224 **	SOCI 325
SOC 242	Sociology of Gender	SOCI 303
SOC 271	Introduction to the Family	SOCI 371
SOC 282	Race & Ethnic Relations	SOCI 375