Thank you for your interest in the PhD Program in Counselling Psychology at the University of Calgary. This checklist is to be used in conjunction with the program entry requirements found in the University Calendar: <https://calendar.ucalgary.ca/programs/EDPSCPPHD>

Entry into the program is highly competitive, with many more qualified applicants than available spots each year. Therefore, many excellent applicants who meet or exceed the minimum requirements for entry are not admitted into the program. This checklist allows applicants to provide information about: (a) how they meet the University Calendar admissions requirements, and (b) strengths for us to consider, beyond the admissions requirements.

Requirements for entry include completion of a master's degree in counselling, a master's thesis, specific undergraduate and graduate courses, and a 500-hour practicum. Students who are missing up to four courses (12 credits) of prerequisites (including practicum) may still be admitted, but these prerequisites must be completed before the doctoral candidacy examination. Admitted students whose master's practicum was less than the required hours or not supervised by a registered psychologist will need to complete additional practicum hours during their doctoral studies.

**A. Degree and thesis information.** Applicants need to have completed a master’s degree in counselling psychology (or an equivalent discipline) from an approved university, with a minimum grade point average of 3.5 and a thesis (or equivalent). Although not a requirement, it is beneficial to also have completed an undergraduate psychology degree with an honor's thesis.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| # | Degree  (e.g., BA, MSc) | Discipline (e.g., Psychology, Education) | Name of University | Date Completed (or Expected) |
| 1. |  |  |  |  |
| 2. |  |  |  |  |
| 3. |  |  |  |  |
| 4. |  |  |  |  |

|  |  |  |
| --- | --- | --- |
| # from table above | Title of Previous Thesis (or Equivalent Project) | Level (undergrad., master's, doctoral) |
| 1. |  |  |
| 2. |  |  |
| 3. |  |  |
| 4. |  |  |

**B Pre-requisite Coursework in General Psychology.**

**Pre-requisite coursework: Undergraduate.** These prerequisites are filled by 6 units[[1]](#footnote-1) of senior undergraduate[[2]](#footnote-2) coursework (or 3 units of graduate coursework), except for Historical and Scientific Foundations of Psychology, which may be fulfilled by one senior undergraduate or graduate course.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Biological Bases of Behaviour:** Course must address biological influences on behaviour, affect, cognition and development.  *Sample course titles as provided by CAP:*  *Brain and Behaviour*  *Physiological Psychology*  *Comparative Psychology*  *Psychopharmacology*  *Neuropsychology / neuroscience-focused courses*  Note: Courses on Addiction/Substance Dependence, Health Psychology, and Psychology of Stress/Illness do not count in this area and are likely “Other Psychology Courses”. Courses on the Biopsychosocial Model/Theory also do not count in this area. | | | | |
| **Course Number** | **Course Title** | **University** | **# of Units** | **Final Grade** |
|  |  |  |  |  |
|  |  |  |  |  |
| **Cognitive/Affective Bases of Behaviour**: Course must address cognitive and affective influences on each other, on behaviour and on development.  *Sample course titles as provided by CAP*:  *Cognitive Psychology*  *Learning & Motivation*  *Cognition & Emotion*  *Human Memory*  *Sensation & Perception (unless it’s strictly neuroscience based, then area 8.2.1)*  Note: Cognitive Behavior Therapy courses do not count in this area. | | | | |
| **Course Number** | **Course Title** | **University** | **# of Units** | **Final Grade** |
|  |  |  |  |  |
|  |  |  |  |  |
| **Social Bases of Behaviour:** Course must be at the graduate or senior undergraduate level. The course must address social influences on behaviour, affect, cognition and development.  *Sample course titles as provided by CAP:*  *Social Psychology*  *Group Dynamics*  *Cultural Psychology*  *Psychology of Gender*  *Roles Human Sexuality*  *Industrial/Organization Psychology* | | | | |
| **Course Number** | **Course Title** | **University** | **# of Units** | **Final Grade** |
|  |  |  |  |  |
|  |  |  |  |  |
| **Psychology of the Individual:**  Course must address the range and diversity of normal and abnormal human functioning and development.  *Sample course titles as provided by CAP:*  Developmental Psychology  Lifespan Development  Theories of Personality  Abnormal Psychology/Psychopathology  Forensic Psychology | | | | |
| **Course Number** | **Course Title** | **University** | **# of Units** | **Final Grade** |
|  |  |  |  |  |
|  |  |  |  |  |
| **Historical and Scientific Foundations:**  Historical and scientific foundations of general psychology  *Sample course titles:*  History of Psychology  History and Systems of Psychology | | | | | |
| **Course Number** | | **Course Title** | **University** | **# of Units** | **Final Grade** |
|  | |  |  |  |  |
|  | |  |  |  |  |

**C. Prerequisite coursework: Graduate**. These prerequisites comprise the requirements of the MSc Counselling Psychology Program at the University of Calgary. For the table below a "course" refers to a *3 unit course* completed at the graduate level.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| U of C Course | Content Area Courses | Course Number | Course Title | Unit hours | Final Grade |
| EDPS 600 | Counselling psychology theory |  |  |  |  |
| EDPS 601 | Counselling psychology skills |  |  |  |  |
| EDPS 614 | Counselling psychology ethics |  |  |  |  |
| EDPS 625 | Social justice/decolonization/human rights/culture/diversity in psychology OR multicultural/cross-cultural counselling |  |  |  |  |
| EDPS 631 | Career development |  |  |  |  |
| EDPS 645 | Indigenous approaches to therapy |  |  |  |  |
| EDPS 609 | Six units in research methods (e.g., indigenous research methods, qualitative research, quantitative research, research design, statistics) |  |  |  |  |
| EDPS 611/618 |  |  |  |  |
| EDPS 615 | Six units in psychological assessment (encompassing testing theory, test administration and interpretation, diagnosis, and integrative report writing) |  |  |  |  |
| EDPS 617/620 |  |  |  |  |
| EDPS 647 & EDPY 600, 602 | Practicum (see additional information below) |  |  |  |  |

**D. Prerequisite practicum hours**.

Applicants need to have completed 500 hours of practicum, with a minimum of 400 hours (200 direct client contact hours) completed under the supervision of a registered psychologist. Applicants who did not complete the MSc Counselling Psychology program at the University of Calgary are required to attach to their PhD application additional documents from your Master’s program, providing evidence of the information in the two tables below. (If you are currently completing a practicum as part of your Master’s program, please attach documented evidence of practica completed to date, and additional practicum hours/information you expect to have completed at the completion of your program. If admitted, you will be required to provide updated documentation once your program is completed).

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| # | Course number | Practicum Site Name | Practicum Supervisor Name | Supervisor Credential (e.g., RPsych, RSW, CCC) |
| 1. |  |  |  |  |
| 2. |  |  |  |  |
| 3. |  |  |  |  |
| 4. |  |  |  |  |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| # from table above | Beginning and End Dates of Practicum | Evidence of total hours and supervision hours attached to application  (“Yes” or “No”) | Total # of Practicum Hours | Direct Client Contact Hours | | # of Hours of Supervision | | | |
| Individual | Other (e.g., group) | Individual | | Group | |
| Total | Per week | Total | Per week |
| 1. |  |  |  |  |  |  |  |  |  |
| 2. |  |  |  |  |  |  |  |  |  |
| 3. |  |  |  |  |  |  |  |  |  |
| 4. |  |  |  |  |  |  |  |  |  |

**E. Scholarly work.** Below, please list your previous scholarly works in APA format, in the following order:

1. Refereed publications (e.g., journal articles, book chapters and books)
2. Non-refereed publications
3. Refereed conference presentations (e.g., posters, round-table discussions, paper presentations)
4. Non-refereed conference presentations
5. Other contributions to knowledge (e.g., works of art, recordings of interviews, non-conference workshop presentations).

**F.** **Relevant employment and volunteer experience.** In the first table below, please provide information about your previous work (paid and unpaid), in post-secondary settings, as a course instructor, teaching assistant, research assistant, or volunteer member of a research lab.

In the second table below, please provide information about your previous work (paid and unpaid) in provision of counselling or psychological services; serving in other people-helping positions (e.g., youth worker; volunteer at a hospital); and working alongside marginalized or underserved communities in other roles (e.g., advocate for affordable housing; participating in indigenous language revitalization). **Do not include your master's practicum hours in this table**. That information belongs in Table D.

|  |  |  |  |
| --- | --- | --- | --- |
| Research & Post-secondary Teaching Experience | | | |
| Position (e.g., TA; lab volunteer) | Description of work duties | Name of Supervisor | Total hours worked |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

|  |  |  |
| --- | --- | --- |
| People-Helping Experience | | |
| Position (e.g., registered psychologist; volunteer) | Description of work duties and/or population(s) served | Total hours worked |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**G. Scholarships information**. In the table below, please list awards and scholarships (monetary and non-monetary) you have received throughout your university education.

|  |  |  |  |
| --- | --- | --- | --- |
| Year Awarded | Awarding body (e.g., SSHRC; U Calgary) | Name of Award (e.g., University Entrance Scholarship; QE2 Scholarship; CPA Certificate of Academic Excellence) | Monetary value, if any (Canadian dollars) |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

1. At the University of Calgary, most undergraduate psychology courses are worth 3 units and are completed in one term, so 6 units of coursework would typically be fulfilled by taking two courses. [↑](#footnote-ref-1)
2. We define "senior undergraduate" as any psychology or educational psychology course that has another psychology course as a pre-requisite. [↑](#footnote-ref-2)