



UNIVERSITY OF CALGARY  
WERKLUND SCHOOL OF EDUCATION

# EDUCATIONAL STUDIES IN COUNSELLING PSYCHOLOGY

**DOCTORAL PROGRAM  
2024-2025**

# EDUCATIONAL STUDIES IN COUNSELLING PSYCHOLOGY

## Program Description

The Counselling Psychology program the University of Calgary (hereafter the Program) is to prepare the next generation of Counselling Psychologists to be reflexive, critical, and culturally responsive researchers, educators, and practitioners. Taking on a generalist approach, the Program provides students with broad preparation for careers in a wide range of settings, including education (schools, colleges, and universities), government, social services, health units and hospitals, community agencies, business and industry, and private practice. Both the MSc and PhD programs are grounded on a scientist-practitioner model, emphasizing: the integration of science and practice; critical evaluation of theory, research, and

practice within the profession; and the generation and dissemination of cutting-edge knowledge.

Furthermore, the Program upholds an active commitment to social justice, with a shared understanding that people's suffering and psychological distress often arise out of interlocking systems of oppression, social injustices, colonialist, and human rights violation. Our training highlights the importance of infusing advocacy in both the science and practice of psychology. As such the Program has jointly authored and endorsed a statement on Social Justice which informs the work we undertake. Please see the full social justice statement on our website.

The doctoral program in Counselling Psychology at the University of Calgary is accredited by the Canadian Psychological Association (CPA), with the next accreditation review scheduled for the 2025-2026 academic year.

CPA Accreditation Office: 141 Laurier Ave. West, Suite 704. Ottawa, ON K1P 5J3. <https://cpa.ca/accreditation/>



## Why Choose Our Doctoral Counselling Psychology Program?

Our program offers opportunities to learn with award-winning and profession-leading researchers, instructors, clinicians, and supervisors. Funding and collegial support is provided to doctoral students to enhance their development as competent researchers and instructors. Graduates of the program are prepared to conduct research and to practice as psychologists in schools, post-secondary institutions, community agencies, hospitals, and private practice settings.

### Program Requirements

PhD students will receive funding for the first four years in a doctoral program: \$22,000 annually for domestic students and \$24,000 for international students, part of which consists of research and teaching assistantships. Beyond completing potentially required prerequisite courses, students normally will spend their first two years completing coursework, including: two eight-month practica,

doctoral research seminar, research method course, a clinical supervision course, and a course in program development and evaluation. Along with coursework, students work with their research supervisor and supervisory committee to complete their candidacy examination within 28 months of starting the program. Successful completion of this examination attests to the student's readiness to undertake their dissertation research, typically in the third year of the program. Students also complete a twelve-month, full time, CPA-accredited (or equivalent) internship in their fourth year of the program.

Students' progression through the program is supported by space and equipment provided by the Werklund School of Education, including a psychological testing library, the Integrated Services in Education Clinic, computer labs, and student work-space.

Applicant and Student Information at a Glance					
Start Year	2020	2021	2022	2023	2024
Number of applicants	18	13	17	19	11
Offers as % of applicants	39.0%	30.7%	23.5%	26.3%	45.4%
Number admitted	7	3	4	5	4
Ave. GPA of admitted	3.95	3.94	3.97	3.97	3.97
Gender (all students)	We welcome individuals with diverse gender identities and expressions. A majority of our enrolled students identify as cisgender women.				
Age range (all students)	26-62	26-42	26-43	26-43	26-43
% licenced (graduates)	87%	91%	94%	94%	94%
Tuition & funding	<a href="https://grad.ucalgary.ca/current-students/thesis-based-students/fees-and-funding">https://grad.ucalgary.ca/current-students/thesis-based-students/fees-and-funding</a>				



# FACULTY MEMBERS

## COUNSELLING PSYCHOLOGY

Domene, José, F. Professor, PhD (British Columbia), R. Psych.  
Interests: career development & counselling, counsellor education.  
Research Methods: quantitative, qualitative, and mixed methods.  
Practice Orientation: Systemic/Solution-focused.

Lacerda-Vandenborn, Elisa. Assistant Professor, PhD (Simon Fraser). Interests: selfhood, decolonizing mental health, intercultural understanding, communal ethics. Research Methods: communally-constituted participatory research. Practice Orientation: Critical Hermeneutics.

Jin, Ling. Assistant Professor, PhD (University of North Texas). Interests: racial trauma, PTSD, Emotion Regulation, Cross-Cultural Adult Attachment. Research Methods: quantitative. Practice Orientation: Interpersonal Processing, Cognitive Behavioral Therapy

Mudry, Tanya. Assistant Professor, PhD (Calgary), R. Psych.  
Interests: addiction & recovery, relational recovery from critical care, burnout among critical care clinicians, family therapy. Research Methods: qualitative. Practice Orientation: Family Therapy, Collaborative Systems/Solution-focused.

Russell-Mayhew, Shelly. Research Professor, PhD (Calgary), R. Psych. Interests: weight-related issues, well-being in educational contexts. Research Methods: qualitative, quantitative, and mixed methods. Practice Orientation: Feminist/ Narrative.

Takano, Yoshiyuki. Assistant Professor PhD (University of British Columbia), R. Psych. Interests: domestic violence, shame and violent/abusive behaviours, forensic assessment and mental health. Research methods: Qualitative. Practice Orientation: Narrative, Humanistic/Existential

Wada, Kaori. Associate Professor, PhD (McGill), R. Psych. Interests: sociocultural perspectives in grief/bereavement, social justice, critical psychology. Methods: qualitative & quantitative. Practice Orientation: Feminist/Narrative.

Zhao, Xu. Associate Professor. EdD (Harvard). Interests: child & youth mental health, social, moral & civic development. Practice Orientation: Preventive Intervention.

Zamudio, Gabriel. Instructor, PhD (University of North Texas). Interests: multicultural counseling, social justice, Latinx mental health. Practice Orientation: Solution-Focused Therapy, Systemic Therapy