

Celebrating Canada's Indigenous Peoples through Song and Dance

Resources used and possible concerns	Teacher Guide pdf, Student Guide pdf, sheet music pdf, mp3s, and videos
Author/creator and/or literature background	<ul style="list-style-type: none"> - Sherryl Sewepagaham: Cree-Dene artist, certified music teacher, and music therapist. She is the recipient of a Canadian Folk Music Award, Indian Summer Music Award, Canadian Aboriginal Music Award and her trio, Asani has been nominated for a Juno award. She has created and co-created three teacher resources for the Music Alive Program (MAP) and continues to develop cultural programs for music teachers. - Olivia Tailfeathers has been an educator on the Blood reserve for over 30 years. She composes songs in Blackfoot to teach young people about their culture and help them to discover their native voice. She has received awards of merit throughout her singing endeavours.
UPE course connections (not exhaustive)	<ul style="list-style-type: none"> - EDUC 530: This resource promotes land-based learning by encouraging students to respect, connect with, and appreciate nature through their five senses. Furthermore, the songs provide an opportunity for students to learn some Cree and Blackfoot as well as some of the most important values from these cultures. - EDUC 535: This resource is designed for elementary music specialists and could thus be incorporated into their specialization courses. It develops instrumental, vocal, movement, listening, and musical appreciation skills. - EDUC 435: This resource allows students to develop some awareness of the Cree and Blackfoot languages and cultures. In the provided lesson plans, the authors encourage students to make meaning and critically engage with the texts. - EDUC 450: This resource helps students explore authentic Indigenous ways of experiencing the world. Moreover, it celebrates the rich diversity within Canada's Indigenous communities. - EDUC 520: In addition to the musical themes explained above (in EDUC 535), this resource also explores the themes of; identity and cultural practices, natural resources, environmentalism, Canadian history, sustainable practices, the importance of games,

	<p>nutrition, and physical health. This wide range makes it ideal for an interdisciplinary project in music, social studies, science, physical education, and health.</p>
K-12 connection	<ul style="list-style-type: none"> - Target age range: K-6. The activities in this PDF can be easily adapted to any of these age groups and would also be suitable for collaborations between different grades. - Subjects: music, social studies, science, physical education, and health.
Materials	<ul style="list-style-type: none"> - Teacher's guide PDF - Student resource PDF - <i>Music Alive</i>: MP3 and sheet music (English/Cree and French/Cree versions available), rattles/maracas (optional), hand drum (optional), ASL video - <i>Travelling Stick Game</i> song with <i>Stick Passing Game</i>: MP3 and sheet music, thin, lightweight sticks, game instructions (appendix A of teacher's guide) - Desjarlais' <i>Red River River Jig</i> (https://www.youtube.com/watch?v=jRbKJGAXMGA) and Copland's <i>Hoe Down</i> (https://www.youtube.com/watch?v=6ajQYANLiug): basic steps of the <i>Red River Jig</i> (appendix C of teacher's guide) - <i>Song for the Swimmers</i>: mp3 and sheet music, rattles/maracas (optional)
Rationale	<p>Big idea: Foster a connection to nature and begin to appreciate how diverse the Indigenous and Metis communities are in Canada.</p> <p>Purpose: Students will reflect on the roles nature, heritage and language play in their own lives and communities.</p> <p>These songs and games could be used in a variety of K-6 subjects including: Elementary Music, Social Studies, Science, Health, and Physical Education. Each song and game incorporates meaningful discussion questions that highlight important aspects of the First Nation from which the resource originates as well as how it may be linked to contemporary issues. The lessons also include links to related resources for extension activities. The downloadable MP3 recordings and videos provide accurate pronunciation of the Cree and Blackfoot languages which make the songs very accessible.</p>

Lesson/activities	1. Please see the downloadable PDF from https://nac-cna.ca/en/musicalive/resources

Supporting Sources (APA):

Sewepagaham, S., & Tailfeathers, O. (n.d.). Celebrating Canada's Indigenous Peoples Through Song and Dance [PDF]. Retrieved from <https://nac-cna.ca/en/musicalive/resources>